



ATHARVA EDUCATIONAL TRUST'S ATHARVA COLLEGE OF ENGINEERING

(Approved by AICTE, Recognized by Government of Maharashtra
& Affiliated to University of Mumbai - Estd. 1999 - 2000)

BRANCH: CMPN, EXTC (11.00 AM - 12.00 PM)

DATE: 07/11/2022

FACULTY INVOLVED : Dr. Priyanka Badani

NUMBER OF STUDENTS PARTICIPATED : 86

ACTIVITY: *Competition and Co-operation*

The Induction topic of Competition and Co-operation was conducted by taking Story. Pictures of story were shown and students were asked to make story based on the pictures of PowerPoint. The story selected was of The Hare and the Tortoise (4 versions).

The moral of the story shows that you can still be successful by doing this slowly. Not everything needs to be done quickly and when working as a team, where individual efforts are not enough team work and co-operation in society is always necessary. Students were asked to share their personal experiences which involve competition, co-operation and teamwork.

PHOTOS OF THE SESSION:





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BRANCH: INFT, ELEC, ECS (11.00 AM - 12.00 PM)

DATE : 07/11/2022

FACULTY INVOLVED: Prof. Dipa Patel

NUMBER OF STUDENTS PARTICIPATED: 83

ACTIVITY: *Competition and Co-operation*

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The moral of the story shows that you can still be successful by doing this slowly. Not everything needs to be done quickly and when working as a team, where individual efforts are not enough team work and co-operation in society is always necessary. Students were asked to share their personal experiences which involve competition, co-operation and teamwork.

Photos of the session:





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BRANCH: ELEC, ECS, EXTC (12.00 PM - 1:00 PM)

DATE: 07/11/22

FACULTY INVOLVED: Chaitanya Ravindra Kolte

NUMBER OF STUDENTS PARTICIPATED: 105

The outcome of the Session: A session was conducted on Time Management for First Year students as a part of the Induction Program. A total of 105 students from ELEC, ECS, and EXTC were present. Teach them the importance of Time Management in our daily life and explain that it makes us appreciate what we have in life, or where we are. Overall session was interactive and students considered it as a fruitful session.

Photos of the session





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BRANCH: CMPN, EXTC (12.00 noon- 1pm)

DATE: 07/11/2022

FACULTY INVOLVED : Deepika Panchal

NUMBER OF STUDENTS PARTICIPATED : 86

ACTIVITY: *Stress Management*

The Induction topic was introduced by showing few slides where the person involved had peculiar facial expression irrespective of gender and age. The students were made aware of the importance of managing daily works in timely manner without feeling stressed out.

Some tips were shared on stress management and a questionnaire was shared to check the level of stress in individual life.

The students were made aware of the ill effects of stress and were advised to meditate on regular basis to control it.

Photos of the session :





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