



ATHARVA EDUCATIONAL TRUST'S ATHARVA COLLEGE OF ENGINEERING

(Approved by AICTE, Recognized by Government of Maharashtra
& Affiliated to University of Mumbai - Estd. 1999 - 2000)

Date: 12/1/2023

Objective of the Session: Emotional Intelligence

Faculty Name: Vinayak Sawant

Outcome of the Session: A session was conducted on **Emotional Intelligence** for First Year students as a part of the Induction Program. A total – 55 Students of ECS (Class 4) were present.

The aim of the session was to introduce students with the term Emotional intelligence, how it differs from IQ and why it is needed in today's age. Also introduce them with four fundamental emotional intelligence skills i.e. self-awareness, self-management, social awareness and relationship management.

The session was very helpful for the students as **Emotional intelligence** is a key to every critical skill they required to grow in their respective careers.

Photos of the Session:





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BRANCH: ECS (2:00 PM to 3:00 PM)

DATE: 12/1/2023

FACULTY INVOLVED: Priyanka Sulakhe

NUMBER OF STUDENTS PARTICIPATED: 63

The outcome of the Session: The outcome of the Session: A session was conducted on Maintaining Relationship for First Year students as a part of the Induction Program. A total of 62 students from ECS were present. Teach them the importance of Maintaining Relationships with family and friends. Students were asked to share their personal experiences regarding relationship. Explain them different types of behaviours students note down important points. Overall session was interactive and students considered it as a fruitful session.

Photos of the Session:





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