



ATHARVA COLLEGE OF ENGINEERING
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NSS ATHARVA UNIT B57 : 1

UNIT STRENGTH : 100

ACADEMIC YEAR : 2023-24

PROGRAMM OFFICER : PROF. SAMEER KATAKDOUNDE

REGULAR ACTIVITY FOR 2023-24



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Film Festival 2023 – 06th April 2023

NSS Atharva B-57 unit was invited for "Atharva Short Film and Documentary Film Festival 2023" organized by Atharva Institute of Film and Television. The event began with a screening of the short films and documentaries that were selected for the film festival, from submissions across India. The screening of various short films and documentaries on various topics, themes, and from different languages was a culturally enriching and inspiring experience. After the screening, awards for various fields and achievements were handed out to the films, nominated in each of the categories. It was a genuinely fascinating and awe-inspiring experience for everyone involved. Overall, the new experience lent a sense of appreciation of art and films. The event was a great success



Awareness Campaign Meeting – 09th April 2023

NSS Atharva B-57 unit was invited for "Awareness campaign regarding Defence Exhibition" which was organised by 'Atharva foundation'. The Atharva foundation is an initiative by Shri. Sunil Rane sir and they work for people who have served for our nation and work for their families. The main motto of this campaign was to create awareness about the event 'Defence Exhibition' which is happening on 22,23 April 2023 in Borivali organised by the Atharva foundation dedicated to our real heroes in the armed forces. 'Defence Exhibition' is an initiative which is dedicated to the soldiers of our country. It is an exhibition where we will gain knowledge and experience about the working processes of the defence system and the stories of brave officers by experts and from retired officers. As an individual it is our duty to do something for them and express our gratitude for everything, they do for us. This campaign got a huge response from people. Overall, it was a great day where we got to know that the sacrifices of the army cannot be paid off but supporting them and their family is something we can do. The event was a great success.





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World Earth Day – 22nd April 2023

NSS Atharva B-57 Unit participated in an event organized by For Future India on the occasion of 'World Earth Day'. The event was held at Uttan Beach, Bhayandar. It was a mega beach cleanup and many colleges and celebrities participated in this event. Marathi actors such as Dr. Girish Oak, Shantanu Moghe, and Priya Marathe were present for this clean-up. We cleaned the part of the beach assigned to us and collected a lot of plastic and non-degradable waste. After the event, the celebrities gave their views about the event and motivated us to continue to help our society and nature. The founder of For Future India then gave a brief speech and provided us with a Tulsi plant and a certificate. The event was a great success



Defence Exhibition – 22nd April 2023

NSS Atharva B-57 Unit participated in an event organized by Atharva Foundation. Today was the first day of the Defence Exhibition. The event started with the National Anthem and then was inaugurated by the Governor of Maharashtra, Shri. Ramesh Bais, who was invited as the chief guest. Many dignitaries addressed the audience present. After this, laptops were distributed by Shri Sunil Rane Sir to the children of the families of the army personnel who sacrificed their lives while serving the nation. Later, Shri Sunil Rane Sir gave a motivational and enthusiastic speech. Then the exhibition started. All the Indian armed forces, like the Army, the Navy, and the Air Force, displayed various weapons. Their attacking strategy along with all demonstrations were given. All the volunteers showed great enthusiasm and dedication. Everyone was in good discipline. Overall, the event was a great success.





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Mahim Beach Cleanup – 23rd April 2023

NSS ATHARVA B-57 UNIT participated in an event organised by Muskurate Raho foundation in collaboration with ConnectFor. Various colleges participated in this clean up drive. The founder shared a few words with us . We collected a large amount of waste. Later the Founder along with the organisation shared their journey with us on how they started and took this cleanup drive on a greater level. We created a change and a larger impact. All the volunteers helped each other. We collected a large amount of waste which was later collected by the cleaning department. We also got to know why segregation is important. All the volunteers participated enthusiastically. At the end it was good to see the change and impact which we had created. Overall, the event was a great success.



Artshala School Wall Painting– 21th May 2023

NSS ATHARVA B-57 UNIT in collaboration with Connect -For organized an event for school wall painting. This was a fun activity. The main aim of this event was to bring happiness to the children's faces when they come from their vacations. Volunteers were provided with the required accessories for painting the wall. Volunteers used their innovative techniques and ideas to make the wall look attractive. The wall painting was focused on the basic studies which the students used to study such as mathematical operations, and Days of weeks. There were also some excellent scenery paintings. Connect for Organization provided the best paintwork accessories. All volunteers actively participated and completed their paintings with immense hardworking and dedicated attitude .Overall the event was a great success.



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Mango Seed Collection Drive – 22nd May 2023

NSS Atharva B-57 Unit conducted the First Phase of the Mango Seeds Collection Drive. The event was conducted at Atharva College of Engineering. NSS volunteers and Non-NSS volunteers collected over 338 Mango seeds in the box during the first phase of the collection Drive. Later collected seeds will be given to Mission Green Mumbai. The seeds collected in the drive will be planted so it will benefit the environment and support local farmers. The volunteers eagerly joined the event and made a great contribution. The process of washing the mango seeds was revised. Volunteers are committed for giving greater contributions in the next phase of the drive. The purpose of the event was fulfilled and the event was a great success.



Mangroves Cleanup Drive – 28th May 2023

NSS ATHARVA B-57 participated in the mangroves cleanup event in collaboration with For Future India. The event was conducted at Manori Beach. The volunteers were provided with a pair of gloves. Some instructions were given about how and where to clean by the For Future India volunteers. A ton of non-biodegradable waste such as plastic waste, clothing, etc which was thrown back due to high tides was collected. All volunteers worked with dedication and great enthusiasm to create a large impact. All the volunteers coordinated well. The results of their efforts were visible. After the event, refreshments were distributed to the volunteers. The purpose of the event was fulfilled and the event was a great success.





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Tree Plantation Drive – 4th June 2023

NSS ATHARVA B-57 participated in the 'Tree Plantation Event' in collaboration with Mission Green Mumbai. At the start of the event, we got a pamphlet regarding the importance of trees and how to plant them. After that we went to the designated area where we were going to plant trees. There we separated and removed stones and other rigid rocks. Then we dug the pit after which we added coco peat and compost to it. Then we took the saplings and planted them. In this event, a huge number of volunteers participated from various schools and colleges. Around 750 saplings were planted by the organization. This event was successfully conducted, and the energy and enthusiasm created a huge impact on this event. We also gave a vote of thanks to the organizer of the event for organizing such an impactful event. We also got a sapling as a return gift. Overall the event was a great success.



Dadar Beach Clean-up- 08th June 2023

NSS Atharva participated in a beach clean-up drive with the organization 'Beach Please India'. This clean-up was organized on the occasion of World Ocean Day. The event started with the organization giving us brief info about oceans. They told us that seas and oceans are the biggest contributors to producing oxygen. After this, they gave us guidelines on how to clean the beach. We were provided with gloves and we started the clean-up. The clean-up lasted for 1-2 hours after which we clicked pictures with our banners. We collected huge amounts of plastic and non-degradable waste, and the before and after difference was visible clearly after the clean-up. We gave a vote of thanks to the respective organization for making us a part of this change. We were given refreshments at the end. We were happy to give our contribution towards a good cause and the event was a great success.





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Mango Seed Collection Drive -12th June 2023

The Second Phase of the Mango Seeds Collection Drive was successfully organized by the B-57 Unit of NSS Atharva. Atharva College of Engineering served as the venue for this event, a remarkable number of over 700+ Mango seeds were generously donated by dedicated NSS volunteers. Through their remarkable efforts, this initiative not only fosters environmental preservation but also aids in promoting agriculture and extending support to local farmers. The event witnessed overwhelming participation from enthusiastic volunteers, who proudly dedicated their time and resources to contribute to the cause. Engaging in the collection and donation of seeds was an immensely gratifying experience for all involved.



Aarambh-Donation Drive-16th June 2023

NSS Atharva participated in the Donation Drive, "AARAMBH" organized by the NSS Unit of KES' Shri Jayantilal H. Patel Law College. We donated a bunch of clothes and different types of books. Conducting a donation drive is a commendable and impactful initiative made by the NSS Unit of KES College. We gave them a warm welcome and continued the rest of the drive with them. They were very happy with the amount of contribution. This drive aimed to increase awareness about giving back to society and to support those in need. We were happy to contribute towards the betterment of our society and the event was a great success.





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Eco Bricks Making – 16th June 2023

The ecobrick-making event was organized by NSS Atharva B-57 Unit. The event started at 1 am. The event was held at Atharva College of Engineering. The volunteers were asked to collect plastic bottles and plastic waste. All volunteers collected a generous number of plastic bottles and waste. Then the eco bricks were made by all the volunteers by putting the plastic waste in the bottles. These eco bricks can be used to build sustainable structures. It will also help to reduce plastic waste. All volunteers worked with great enthusiasm and made a lot of eco bricks. The event was a great success.



International Yoga Day – 23th June 2023

NSS Atharva B-57 Unit participated in a yoga event on the occasion of International Yoga Day at Atharva College of Engineering. The event started at 8 am. During the event, we performed different types of asanas which included tadasana, vrikshasana, and many more. The instructor demonstrated the steps for performing a surya namaskar. She also spread light on how yoga is useful and important for us in today's day and age. The college faculty and principal also accompanied us to this event. To conclude, all the volunteers performed the asanas with great enthusiasm and the event was a great success.





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Intercollegiate Poster Making Competition – 22th June 2023

NSS Atharva B-57 Unit participated in the Intercollege Poster Making competition on the occasion, "International Day Against Drug Abuse" organized by NSS Unit of KES Shroff College. The judges came and motivated the participants and also told them about some important points which should be displayed through our posters. The competition went on for about an hour. There were a lot of participants from different colleges. Before announcing the winners of the competition, the PO of KES Shroff College told us about the disadvantages and harmful effects of drugs on today's date. We also pledged that we will keep ourselves and our family away from drugs and enjoy a hale and hearty life. Winners announced by the judges, our college volunteer Sejal Mastoli was awarded the second prize in the competition. All the Judges, PO, and professors wish us a bright future and it was a great success.



Anti-Drug Day Rally– 24th June 2023

NSS Atharva B-57 Unit participated in a rally organized by 'Nasha Mukta Bharat Abhiyan' on the occasion of 'International Day against Drug Abuse'. The motto of the rally was to spread awareness amongst the youngsters about drug abuse. Many colleges participated in this rally. The rally started at the Nalanda Law College college and we occupied the area around the college raising slogans like " Say no to drugs, Yes to life" and many more. We were given various types of posters to spread awareness about the increasing drug abuse throughout the rally. Even though it was a rainy day, all our volunteers participated in the rally with great enthusiasm. Then, we all took a pledge not to consume any kind of drugs. After that, Disha Ma'am gave us a brief knowledge of the harmful effects of the consumption of drugs and how it will adversely affect our lives. We ended the event with a vote of thanks by giving a small thank you card and feedback to the event coordinator and Disha Ma'am. Overall, it was a great and successful event.





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Educational Survey of Schools- 08th July 2023

NSS Atharva B-57 Unit conducted an educational survey in collaboration with 'Future Recyclers Foundation'. The educational survey was conducted in six municipality schools located in Mahim, Matunga & Dharavi. All the volunteers were equally divided amongst six groups for the survey. In the beginning, the volunteers who were leading their respective groups were asked to attend an orientation program by the event conducting organisation to provide information about the survey that had to be conducted. The main survey began after the end of the orientation. Questions regarding the condition of the school building, classrooms, play area, food facilities, etc were asked by the volunteers to the principals of the municipality schools. The principals of all the municipality schools also showed us around the school. Our volunteers confirmed three things that could be improved in the schools in the future..i.e. educational themed wall paintings, tree plantation and kitchen gardening. Along with that, we also took a count of the total number of students studying in the schools. Overall, this survey was a very good initiative as it gave us a rough idea on the condition of these municipality schools and the areas in which improvement is required. Thus, the event was a great success.



Campus Tree Plantation Drive- 14th July 2023

NSS Atharva B-57 Unit participated in Campus Tree Plantation Drive which was conducted in our college campus. The event's main objective was to spread awareness about the conservation of our environment. The event began with great enthusiasm as 15 volunteers were split into 3 groups who did the work of digging out the soil and making enough space for the saplings to be planted. In total we dug out spots for planting six saplings in total. As the event went on the HODs of each department, Principal Sir, and our Program Officer Sameer Sir accompanied us with the plantation of six saplings. Altogether six saplings were planted. The objective of the event was fulfilled as we got to know about the importance of the conservation of the environment and how crucial it is for us to plant trees and save them as well. We ended the event with a small speech which was directed towards the cleaning staff members and handed them a small thank you card for keeping our campus evergreen. Overall the event was a great success.





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Meri Mati Mera Desh Orientation- 14th July 2023

NSS Atharva B-57 Unit participated in an orientation program on Mera Mati Mera Desh. The main motive of the program was to enlighten the volunteers about positivity, gratitude and patriotism for our freedom fighters and martyrs who fought for our country. It also signified the start of a completely new era as our nation completed 75 years of its independence. The program helped the volunteers to know about various activities that came under the program. The volunteers showed high enthusiasm towards the program. The event was a great success.



Van Mahaotsav Rally- 14th July 2023

NSS Atharva B-57 Unit participated in a rally on the occasion of Van Mahaotsav. The main motive of this rally was to spread awareness among people about growing trees near them. The rally was attended by a lot of different organizations, such as NSS units from all over Mumbai and multiple NGOs. The rally involved placards and the chanting of slogans such as "Go Clean, Go Green" and many more. It showed support from all strata of society. The conservation rally was a crucial activity for spreading awareness and implanting the seeds of climate-conscious behavior. The event was therefore a great success.





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Old Age Home Visit- 16th July 2023

NSS Atharva B-57 unit participated in an old-age home visit in collaboration with Connect For. A total of 30 volunteers visited the old-age home located in Jogeshwari East. It was a great pleasure to attend this event. We began the event with a small introduction, followed by singing some vintage songs from their generation. We also danced along with them. Next, we provided a brief explanation of what NSS is and the motive behind NSS. Some people shared their valuable life lessons, and some volunteers shared their experiences with their grandparents. Afterwards, we distributed food and refreshments to them. The message we received today was that we shouldn't break the bonds of friendship over small disagreements and should not dwell on the past or worry about the future, but rather enjoy the present. We got to know that this old-age home helps the elderly with their fitness and healthcare, and the elderly residents shared their experiences of being a part of this place and the changes they have experienced in their lives. The smiles on their faces at the end of the event will never be forgotten by us. Overall, the event was a great success, and all the volunteers participated with great enthusiasm.



Plenary Talk On IKS – 24th July 2023

NSS Atharva B57 attended an event organized by the University of Mumbai. It was a plenary talk on "Indian Knowledge System (IKS): Time to Reclaim the Lost Ground", an amazingly inspirational and informative book written by Prof. B. Mahadevan, a major professor at IIM Bangalore. He gracefully explained the importance of the Indian Knowledge System which is being degrading with the emerging misconceptions. We are gradually accepting the false facts about the religious foundations of our glorious ancient knowledge, which was truly ahead of its time and wasn't just mythical stories. In the name of modernization, we have unknowingly ignored the knowledge and teachings that were gifted in those several writings of our ancestors. One of the many reasons is not being able to understand Sanskrit and other ancient languages. He explained how several translated books have misconceptualized writings because the translator couldn't understand the true meanings and how we need to breathe through this soil to be truly able to understand that knowledge. He mentioned "A tree can't bloom if its roots are cut". The Vice-Chancellor of the University of Mumbai then thanked the professor, and refreshments were provided. The event was a great experience overall.





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Food Packaging- 26th July 2023

NSS Atharva B-57 unit organized an event " Food Packaging" in collaboration with " Umeed Foundation ". The packaging of food materials was done at 'Sapphire Foods India Ltd'. The volunteers first separated all the food materials into their specific category and counted the packed stuff and weighed the grains. Lists of all the commodities was made for further verification. All the grains were measured and packed in equal quantities and we packed things like biscuits, chips, cakes ,etc and separately arranged them in their categories . Weighing all the grains and packaging them in equal quantities was a big task because the grains were in large quantities, but we managed everything patiently in a good way. Every volunteer showcased their active participation. The event was a great success.



Yuva Sanvad – 2nd August 2023

NSS Atharva B-57 Unit participated in the 'Mahasul Saptaha' organised by the Revenue and Forest department of the Government of Maharashtra. The 'Mahasul Saptaha' is celebrated from 1st August to 7th August. Today was the second day of the occasion and it was termed as 'Yuva Sanvad'. The event was being held at Chetna College, Bandra. NSS volunteers of various colleges had participated in the event. The event was graced by the presence of Shri. Mahendra Kalyankar (Divisional Commissioner, Konkan region), Shri. Rajendra Bhosale (Collector, Mumbai Suburban) and the CEO of Chetana College, Madhurata Patil Madam. Both of the dignitaries gave the volunteers a brief understanding of how the Revenue and Forest department works and how we can help them as volunteers and even took suggestions for the betterment for the same. The volunteers were also given information on how the electoral department works and how new voters can register for a Voter ID card. The event ended with a vote of thanks to the dignitaries and the volunteers.





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Poster Making Competition – 3rd August 2023

NSS Atharva B-57 unit organized a competition where volunteers made posters on the topic of organ donation. The aim was to make people aware of how important it is to donate organs and to encourage others to join this noble cause. Many volunteers took part in the competition and showed their artistic skills by creating posters on the topic of organ donation. The posters made were all message-giving, different styles and colours, all with powerful messages about saving lives and showing compassion. A group of judges evaluated the posters based on their creativity, clear messages, and how well they promoted organ donation. The competition ended on a positive note, with winners announced. Overall, the event helped young people understand the importance of organ donation and how it can positively impact the lives of many people. Overall, the event was a great success.



Organ Donation Pledge – 3rd August 2023

NSS Atharva B-57 Unit had organized an event to spread awareness about the noble act of organ donation on the occasion of Indian Organ Donation Day. The event was being held at Atharva College of Engineering, Malad. We NSS Atharva Volunteers pledged to Donate organ after death to save more lives. "Jis angg ko Marne ke baad khaaak hai ho jaana, fir usse kyu nahi bhalaai ke kaam mai lagaana". The Volunteers pledged with great enthusiasm and the event was a great success.





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Tree Plantation for MMMD – 7th August 2023

NSS Atharva B-57 unit collaborated with Mission Green Mumbai. NSS volunteers from other colleges also participated in the event. We planted 75 trees and contributed a lot to nature. Out of which we planted 25 lemon and 50 flower plants. First, we dug pits and added compost. Then we carefully removed the sapling's mud root ball from the bags. Afterward, we did soil testing to understand the nutrition in the soil and identify the best type of plant suitable for it. As to which flowers and fruit we can plant in the soil available. Sir told us how we planted the plant, where it has been planted, and what should be done for its protection. When should we apply fertilizers and why are plants important, everyone worked very well. The event was a great success.



Jamsetji Tata National Seminar and Exhibition – 7th August 2023

NSS Atharva B-57 Unit participated in a university-level event on the "Role of Scientists and Scientific Institutions in India's Freedom Struggle," held at the University of Mumbai as part of Azadi ka Amrut Mahotsav. The event commenced with the National Anthem, followed by the introduction of the Chief Guest, the esteemed Governor of Maharashtra, Shri Ramesh Bais. Notable dignitaries present included Dr. Anil Kakodkar, Former Chairman of AEC, Dr. Shekhar Mande, National President of VIBHA, and Prof. Ravindra Kulkarni, the Honorable Vice-Chancellor, who facilitated the guests. A concise video about Mumbai University was shown, followed by speeches on "Jamsetji Tata" and the history of the Tata Group of industries. The message of Sir Ratan Tata was conveyed by Shekhar Mande. This session lasted for approximately an hour and was succeeded by a panel discussion featuring experts in Industrialization, Enrichment, and Empowerment. They discussed various Tata Group projects, including Taj Hotel, Tata Textile, and Tata Steels, concluding with a Q&A session. After a lunch break, the second panel discussion focused on "Educate & Innovate." Experts provided insights into Swami Vivekananda, a prominent Freedom Fighter. The event concluded with the announcement of the winners of the quiz competition. Overall the event was great success.





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Deep Dive Panchpran Pledge – 9th August 2023

NSS Atharva B-57 had organised a Pledge Under the Meri Mati Mera Desh campaign. Prime Minister Narendra Modi during the 103rd Man Ki Baat announced the Meri Mati Mera Desh campaign which started from 9th August 2023 for honouring the martyred brave-hearts of the country. Prime Minister suggested the Meri Maati Mera Desh campaign should give true value to its tagline 'Mitti ko naman, veeron ka vandan.' According to him, a campaign would be started to recognize courageous souls, and events that will be held all throughout India in honour of those who gave their lives in defence of the nation. Meri Mati Mera Desh's campaign at the national level covering every gram panchayat of the country will be topped with a mega event proposed in New Delhi from August 9 to August 15, 2023, in which 75,000 youth from across the country will participate. This atmosphere of celebration of positivity, patriotism, and gratitude towards freedom fighters and martyrs has inspired the youth population of the country. A spirit of Patriotism, Responsibility was Seen during the pledge in all the participated Volunteers, the pledge instilled strong values of Respect to the Martyred soldier and a sense of responsibility on all Volunteers that Every individual needs to contribute in their own way to the Nation & Together we can make "INDIA a successful nation". The pledge taken together was the first step towards SUCESSFULL INDIA".



Food Distribution Drive – 13th August 2023

NSS Atharva B-57 Unit organised a Food Distribution Drive in collaboration with ConnectFor. The event had an important objective, which was to distribute food to kids and engage in fun activities with them as the country celebrated its 77th Independence Day. Activities like guessing patriotic movie names and singing patriotic songs were conducted. The kids enjoyed the entire event and were happily engaged in the entire thing. The food distribution was done by the Robinhood Army. It was a proud and pleasing to celebrate the auspicious day of the country's freedom along with young kids and make them understand the importance of keeping our nation as our priority and our national flag as our pride. After engaging in different activities with the kids, food was distributed. The program was a great success. All the volunteers also enjoyed the event and had smiles on their faces when the event concluded.





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Flag Distribution and Awareness– 13th August 2023

NSS Atharva B-57 Unit, in collaboration with "ConnectFor", organized an event named "Flag Distribution and Awareness". The event was for kids in Andheri West slums. The objective was to teach the kids about respectfully using flags as well as understanding the importance of flags. Volunteers were separated into various groups, engaged the kids in patriotic activities while educating them about India and the significance of the national flag. The "Robinhood Army," a group known for aiding the less fortunate, distributed meals as part of the celebration. The children's endearing smiles served as an inspiring reminder for the committed NSS volunteers to carry on with their important work. An effective collaboration between "ConnectFor" and the "Robinhood Army" was recognized by this successful



event. The event was a huge success all around.

Independence Day –15th August 2023

NSS Atharva B-57 Unit volunteered in the organization of the Independence Day event on 15th August in Atharva College Campus. All of the NSS volunteers were supposed to gather on the college premises at 7:30 am. All of us were instructed about the event chronology and all of the NSS volunteers were assigned some tasks to handle. At 8:00 am, people started gathering at the college campus for the event. NSS volunteers were assigned to make them stand in a queue. Shortly the chief guests also arrived at the location. Then at 8:30 am, the flag was supposed to be hoisted but due to rain, the event got delayed a little. But as soon as the rain stopped the flag was hoisted by our Honorable Principal and The Chief Guest. Soon after that, the guests and Principal gave a speech addressing our great Country and its greatness. After that the student's event started, firstly a choir was organized and their performance gave goosebumps to the audience. Then a group of NSS volunteers performed Lezim and the audience was stunned by the performance. By this, the event ended successfully.





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Lezim Dance – 15th August 2023

The volunteers of the NSS Atharva B-57 Unit participated in the Independence Day celebration by performing Lezim Dance. There were various performances by different groups on this occasion. Lezim is a folk dance from the state of Maharashtra. Each of the volunteers danced very enthusiastically and with great energy. Patriotic slogans were raised at the end of the dance which ignited a sense of patriotism in everyone present there. Not only the NSS volunteers but also all the dignitaries were very energetic. Overall, including the practice done and the performance on the main day, the event was a great success.



Youth Manifesto Forum (Orientation) – 18th August 2023

The Volunteers of NSS Atharva B-57 Unit actively participated in the Youth Manifesto event organized by the University of Mumbai and The Organization Make Your Presence. The focus of the day was the orientation of the Youth Manifesto, with the underlying purpose of amplifying the voices and demands of the youth providing them the platform to select and communicate their aspirations to the government. We completed an allocation form, wherein we chose to be a part of committees that resonated with our interests: health, environment, and city. Additionally, we selected the Assembly as a means to identify youth-related issues and demands. We were informed about the Flow that the forum is going to be carried out in. The final reading of the Manifesto will be done on the 26th of August 2023. We as the volunteers who have participated in this Manifesto have been assigned to identify the issues within the Assembly chosen by us and if possible suggest a solution for those issues before the 25th of August. Overall the event was a great success.





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Food Distribution to Underprivileged Kids – 19th August 2023

NSS Atharva B-57 Unit organized a food distribution event for needy kids. The event was organised on the occasion of the birthday of our beloved Yash Dada. The event not only concentrated on food distribution but also involved interacting with the kids. Volunteers played different games with the kids and even sang songs and danced with them enthusiastically. The kids in return also demonstrated their dancing, singing, and acrobatic abilities for us. It was a great event in which volunteers became one of the kids and played with them without any hesitation. After having a fun time with the kids, food was distributed. Both kids and volunteers were really happy and satisfied. A cake was cut to celebrate and honour Yash Dada's birthday. The event was so apt on the occasion as he was also really loved by kids. The event was indeed a success.



Orientation For Juniors – 21th August 2023

The NSS Atharva B-57 Unit conducted an orientation seminar for its junior volunteers. The event was conducted to introduce the newly recruited volunteers to NSS and how it works. The event began with a brief word from Prof Sameer Katakdowne, our P.O., wherein he congratulated the recruits, guided them about how NSS Atharva works, and wished them luck for their tenure. During the event, the Senior volunteers gave a detailed introduction about NSS, the events and work NSS does, and the rules and regulations that are followed during said events. The senior volunteers then answered questions that the junior volunteers had regarding the same. The junior volunteers were enthusiastic and listened intently, to understand the workings of NSS. It was a great event in which the junior volunteers were informed about topics such as the meaning behind the motto and logo of NSS, the types of events it conducts, etc. The seminar was indeed a success.





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Handmade Rakhi Making – 24th August 2023

NSS Atharva B-57 unit had organized a Handmade Rakhi for the Malvani Police officers. The event was held at Atharva College of Engineering. The motive of this event was to create handmade Rakhi's for police officers which is a thoughtful way to show appreciation for their service. Rakhi's will serve as meaningful tokens of respect and gratitude towards the police officers in the community. NSS Atharva Volunteers made handmade rakhi's and greeting cards for police officers. All the volunteers participated enthusiastically with great energy and power. The event was a great success.



RakshaBandhan with Malvani Police Officers – 28th August 2023

The NSS Atharva B-57 unit celebrated the auspicious festival of Rakshabandhan with the officers of the Malvani Police Station. Raksha Bandhan is the festival of celebrating protection, love and support a person gives us. Hence, we celebrated this festival at the Malvani Police Station as the Police Force is always there for us. The event started with our female volunteers tying rakhi and distributing sweets to them. Afterwards, the male volunteers gave handmade 'Thank You' cards to the police force as a token of respect and thanked them for their duty, which they did irrespective of any festival or holiday. After, some of the police officers briefed us about various crimes and how to prevent them and also told us how we could play our part in being a good citizen of this country. Overall, the event was a great success.





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Rakshabandhan with Fire Brigade Officers – 28th August 2023

NSS Atharva B-57 organized a Rakshabandhan celebration program with all the Fire Brigade Officers at Malvani Fire Station. The main motive behind this event was to appreciate and thank all our firefighters for their bravery and courage. We, NSS Atharva volunteers, prepared rakhis as a token of respect for the selfless service of these firefighters. All the female volunteers did 'aukshan' and tied rakhis on the wrists of all these firefighters. Later, a handmade thank-you card was also given as a vote of thanks. This way of celebrating Rakshabandhan with the true heroes of society was truly unique and definitely an amazing opportunity. Thus, the event was indeed a great success.



Fruit Tree Plantation -09th September 2023

NSS Atharva B-57 Unit participated in a fruit tree plantation drive organised by Mission Green Mumbai to celebrate the recent success of ISRO. The event started with a briefing about the procedure and importance of tree plantation. The volunteers were enlightened about the impact of tree plantation and other activities on our environment. After the briefing session, volunteers were divided into groups and assigned different tasks. The tasks included clearing rocks and stones from the plantation site, adding red soil and compost in the pits, distributing and placing saplings, planting the saplings and covering the pits, tying the support stick and sapling with thread, etc. Volunteers completed given tasks with hard work and dedication. Refreshments were provided during the break time. Overall, the event was a great success.





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Seed Modak Making -14th September 2023

The volunteers of NSS Atharva B-57 participated in seed modak making with Tulsi seeds. This event aimed to seamlessly blend tradition with sustainability. The Principal and Vice Principal of Atharva College of Engineering, along with the PO of NSS Atharva, graced the event with their presence, underscoring their commitment to eco-conscious practices. The volunteers energetically joined in, shaping Seed Modaks from organic materials, signifying growth and renewal. Their enthusiastic involvement created a sense of community and fostered discussions on sustainable initiatives. Overall, the volunteers did great work, and the event was a success.



Nashamukt Bharat Abhiyan De-addiction Rally Meeting-14th September 2023

The Volunteer of NSS Atharva B-57 Unit actively participated in the Nashamukt Bharat Abhiyan De-addiction Rally Meeting organized by the Social Welfare Department Of Mumbai in collaboration with Nashamukt Bharat Abhiyan. The focus of the day was the Nashamukt Bharat Abhiyan conducting the De-addiction rally. In the meeting, there were different members of Sansta and a Trustee joined us all the members gave their opinions related to the Nashamukt Bharat Abhiyan rally and how it will be conducted. Also, we're planning how many volunteers will participate in the rally like school, trustee, Sansta, Scout etc., and how much registration should be there, all the members in the meeting completed the given points with hard work and dedication. Refreshments were provided during the break time. Overall the event was a great Success.





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International Coastal Cleanup Day- 16th September 2023

NSS Atharva B-57 Unit participated in an International Coastal Cleanup Day in collaboration with For Future India. The event was conducted at Uttan Beach. The NSS Atharva volunteers were invited to manage the other volunteers at the event. Around 5,000 volunteers from different schools and colleges participated in the beach cleanup. Our volunteers were divided into different groups. A ton of non-biodegradable waste such as plastic waste, cloth waste, etc. The winner was announced by the volunteers based on their overall performance to create enthusiasm among the volunteers. All the volunteers worked with dedication and great enthusiasm. All the volunteers coordinated and managed the event very well. After the event, refreshments were distributed to the volunteers. Overall, the event was a great success, and the purpose of the event was achieved.



Mega Cleanup Drive- 06th September 2023

NSS Atharva B-57 Unit participated in a mangrove cleanup drive on the occasion of 'International Coastal Cleanup Day'. The event was organized by 'Swachh Vasundhara Abhiyan' in collaboration with the NSS Unit of Bhavans College. The event was conducted at Carter Road Mangroves. The volunteers were provided with a pair of gloves. Each college had a dedicated volunteer from Bhavans College to lead and oversee the cleanup efforts. A ton of non-biodegradable waste such as plastic waste, clothing, etc. which was thrown back due to high tides was collected. All the volunteers worked with dedication and great enthusiasm to create a large impact. Unfortunately, the event had to be concluded early due to a sudden high tide. After capturing banner photos for each college, participants enjoyed refreshments. The purpose of the event was fulfilled and the event was a great success.





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Mananiya Inamdar Memorial Lecture -23rd September 2023

NSS Atharva B-57 Unit attended 'Mananiya Laxmanrao Inamdar Memorial Lecture' organised by the University of Mumbai in collaboration with Sahakar Bharati. The chief guest and keynote speaker of the lecture was Shri. Amit Shah - Honorable Union Home Minister. The lecture was also attended by several dignitaries including Shri. Ramesh Bais - Honorable Governor of Maharashtra, Shri. Eknath Shinde - Honorable Chief Minister of Maharashtra and Shri. Devendra Fadnavis - Deputy CM of Maharashtra. In his speech, Shri Amit Shah said about how Inamdar Ji's selfless life helped achieve greatness in the lives of many people in Gujarat. Inamdar Ji gave purpose to many people's lives, and helped them achieve their goals. He instilled in them the courage to attain that purpose. He continued that it is a result of Shri. Laxmanrao's efforts that Sahakar Bharati has been able to carve a distinct position for itself in the country. Also other dignitaries gave their insights and learnings from Shri. Laxmanrao Inamdar's life. It was an enlightening session and volunteers from various colleges attended it. Overall, it was a successful event



Seed Modak Distribution – 25th September 2023

NSS Atharva B-57 Unit organised a Seed Modak Distribution event to commemorate the occasion of NSS Day. An innovative environmental initiative took place at Atharva College of Engineering. This event aimed to encourage tree planting by distributing seed modaks, which was not only symbolic but also a creative nod to the festival of Ganesh Chaturthi. Each modak contained a Tulsi seed, symbolising the potential for new life and growth. It showcased how traditional customs can be adapted to promote eco-friendly practices. The event garnered significant community engagement, with students, faculty and non-teaching staff coming together to support the cause of environmental conservation. By integrating tradition and innovation, it left a lasting impression on volunteers, encouraging them to actively participate in green initiatives. Overall, the event was a great success.





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Swatchath Hi Seva -25th September 2023

The NSS Atharva B-57 unit organized an event to spread awareness of the program and its impact on participants. The pledge in the "Swatchath hi seva program is a solemn promise made by individuals to uphold and promote several key principles like patriotism, environmental stewardship, and community engagement. Volunteers pledge to take soil in their fists to protect their land, conserve natural resources, and reduce their carbon footprint. The pledge within the "Swatchath hi seva" program is a powerful tool for promoting patriotism, environmental consciousness, and community engagement. It serves as a symbolic commitment to these values and principles and can have a significant impact on participants' behaviour and attitudes. To measure this impact accurately, it is essential to employ a variety of assessment methods to gain a comprehensive understanding of the pledge's influence on individuals and their communities. Ultimately, the pledge contributes to building a more responsible, engaged, and united citizenry. A spirit of patriotism and responsibility was noticed during the pledge from all the participating volunteers that every individual needs to contribute in their own way to the nation, and together we can make "India into a SUCCESSFUL nation."



Meri Mati Mera Desh- 25th September 2023

The NSS Atharva B-57 unit organized an event to spread awareness of the program and its impact on participants. The pledge in the "Meri Mati Mera Desh" program is a solemn promise made by individuals to uphold and promote several key principles like patriotism, environmental stewardship, and community engagement. Volunteers pledge to take soil in their fists to protect their land, conserve natural resources, and reduce their carbon footprint. The pledge within the "Meri Mati Mera Desh" program is a powerful tool for promoting patriotism, environmental consciousness, and community engagement. It serves as a symbolic commitment to these values and principles and can have a significant impact on participants' behaviour and attitudes. To measure this impact accurately, it is essential to employ a variety of assessment methods to gain a comprehensive understanding of the pledge's influence on individuals and their communities. Ultimately, the pledge contributes to building a more responsible, engaged, and united citizenry. A spirit of patriotism and responsibility was noticed during the pledge from all the participating volunteers that every individual needs to contribute in their own way to the nation, and together we can make "India a SUCCESSFUL nation."



Beach Cleanup – 26th September 2023

NSS Atharva B-57 Unit participated in a beach clean-up drive in collaboration with ConnectFor and ASBB (Association of Social Beyond Boundaries). The event was held at Juhu Beach, and it lasted for three hours. The main focus of this event was to clean up all the trash that accumulated on the beach after the Ganpati Visarjan. We collected flower garlands and plastic waste and separated the organic and inorganic waste so that it would be easier for the BMC to collect it later. We even found the broken idols of Lord Ganesha, which were collected separately from the trash. After seeing the broken pieces of idols, we understood the importance of eco-friendly idols, as they are not only good for the environment but also prevent the idols we worship from breaking and turning into such a state. A nearby school participated in the drive as well, so we had to manage those kids and make sure none of them went into the water. To conclude, we achieved the goal of this event and collected a lot of trash, and the event was a great



success.

Campus and Garden Cleanup– 26th September 2023

NSS Atharva B-57 Unit conducted a cleanliness drive in the college campus and the college garden. The volunteers began by cleaning the campus, using various cleaning equipment. Since it was the day after Ganpati Bappa Visarjan, the area we cleaned had many flowers and papers. After cleaning the campus, the volunteers then proceeded to clean the garden. The garden was relatively cleaner than the campus, so the volunteers removed sticks, dry leaves, and other debris. This cleanliness drive instilled a sense of responsibility towards cleanliness, and the volunteers gained a better understanding of the hard work put in by the workers who maintain the campus and garden. The cleanup in both areas was carried out with great enthusiasm by the volunteers. In the end, the event was a great success..





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Extempore Session – 26th September 2023

NSS Atharva B-57 unit conducted an extempore session. The meaning of extempore is 'spoken or done without preparation'. Volunteers were given topics on the latest happenings in the society such as G20, Artificial Intelligence, ISRO and Atmanirbhar Bharat. These topics were such that it checked if the volunteers are well versed with general knowledge or not. The volunteers spoke without any preparation. Some of the volunteers were extremely well with their topics but some needed to have more information on their topics. The extempore session also highlighted the necessity of reading everyday news for the better understanding of various topics.



Plastic Awareness and Cloth Bag Distribution– 29th September 2023

NSS Atharva B-57 unit orchestrated a 'Plastic Awareness and Cloth Bag Distribution' event at Dharavali village — a locale adopted by the NSS Atharva. The primary objective of this initiative was to instill awareness among the villagers about the detrimental impact of plastic and the imperative need to eliminate it from our daily lives. As a sustainable alternative, cloth bags were generously distributed among the villagers. These bags, being reusable, mitigate the necessity for single-use production, subsequently reducing the demand for more materials. In addition to the cloth bags, the volunteers of NSS Atharva took a creative and environmentally conscious approach by distributing handmade green modaks. Crafted from soil and Tulsi seeds, these modaks possess the transformative ability to sprout into Tulsi plants when planted. This symbolic gesture aimed to foster a cleaner, greener environment. Its overarching goal was accomplished, spreading awareness about the perils of plastic and fostering sustainable practices for a healthier planet. Overall, this event was a great success.





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Swachta Hi Seva-Hospital Cleanup And Tree Plantation-2nd October 2023

The NSS Atharva B-57 unit participated in the 'Swachta hi Seva: Hospital Cleanup and Tree Plantation' event organized by Mission Green Mumbai. The event started at 8 a.m. with a brief explanation of the event by Subhagit Sir of the organization "Mission Green Mumbai" under the initiative "Swachhata hi Seva". After the briefing, all the volunteers started cleaning the hospital premises by collecting plastic waste, which mainly included plastic wrappers and polythenes. Unwanted weeds and dry leaves were removed and collected by the volunteers. After clean-up, volunteers enthusiastically painted the grills inside the hospital as per the instructions. In the end, volunteers were made aware of diseases such as TB (tuberculosis), other infections, and non-infectious diseases and their prevention by various doctors. Overall, the event was full of learning and turned out to be a great success.



Bhajan Sandhya- 2nd October 2023

NSS Atharva B-57 unit participated in the 'Bhajan Sandhya' organized by the University of Mumbai on the occasion of Shri Lal Bahadur Shastri Jayanti and Gandhi Jayanti. The event had many volunteers who had participated from various NSS units. The event started with welcoming the chief guests and the dignitaries. One of the chief guests was Mr Rudransh Patil who had won the gold medal in the Asian games which are currently happening. Along with him, the Superintendent of Police of the Palghar district was also present. The Bhajan Sandhya started with the performers performing various Bhajans and songs on topics that highlight the strength and unity of our country. All the volunteers were enthusiastically listening and enjoyed the entire event. The event ended with a vote of thanks to the chief guests, dignitaries, and volunteers. The event was a great success.





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Young Picassos - Drawing Activity With Kids- 08th October 2023

NSS Atharva B-57 Unit actively participated in the event 'Young Picassos - Drawing activity with kids' which was organized by ConnectFor and Leo Club Mumbai at Carter Road. This event had the objective of allowing the children from the Angel Express Foundation to unleash their creativity and express themselves through the world of drawing. The dedicated volunteers worked tirelessly to encourage these underprivileged children to showcase their skills and engaged with them in a positive manner. The kids enthusiastically enjoyed the activity and actively participated. Stationery materials and colors were provided to the children to help them flourish their imaginations and unlock the magic of their creativity. It was truly a pleasure to witness the children having a great time with the volunteers and fulfilling the event's purpose of inspiring them to explore their inner creativity through drawing. The active participation of the children resulted in the event being a remarkable success and successfully achieved its objective.



Unit Meeting- 10th October 2023

Today, the NSS Atharva B-57 Unit organized a unit meeting to discuss the further working of the unit. This meeting primarily focused on correcting the mistakes made so far and planning for future events. Some major points, such as discipline, attendance, and behavior of juniors, were highlighted in this meeting. Further, the upcoming events were made known to the juniors. Also, the junior volunteers were told about upcoming camps and other university-level activities so that they could be prepared beforehand for the same. Overall, the meeting covered all the important discussions and decisions, and the event was a great success.





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National Cinema Day- 13th October 2023

NSS Atharva B-57 Unit was invited to the 'National Cinema Day' organized by the Atharva Institute of Film and Television. The event had many teachers and students from their respective branches. The event started with lighting the diya and worshipping the goddess, Saraswati. Then, the chief guests and dignitaries were welcomed. One of the chief guests was the popular actor, Mr. Ruturaj Shinde. The students of the film and television department had prepared a skit, and after the skit, the screening of Uri was played. Further, the students also presented beautiful songs. All the students and teachers were enthusiastically listening and enjoying the entire event. The event ended with our national anthem. The event was a great success.



Velankanni Beach Cleanup- 14th October 2023

NSS Atharva B-57 Unit participated in a Beach Cleanup event organized by 'For Future India' on October 14th, 2023 at Velankanni Beach. Our volunteers' dedication and hard work during the event were truly remarkable and we made a significant impact. The event was not only successful in raising environmental awareness but also demonstrated the practical steps that individuals and communities can take to combat the ever-growing problem of plastic waste pollution. The Hon. Municipal Commissioner and Administrator Sanjay Katkar, who made a special appearance, emphasized the importance of responsible waste management and provided valuable insights. The innovative recycling method of the 'Go Shoonya' organization that converts dry waste into useful commodities like keychains and flowerpots further inspired us to consider new ways of repurposing household waste. By the end of the event, the beach was left cleaner, and volunteers were left with a deeper sense of environmental stewardship and community spirit. The great success of the event was due to the collective effort of all volunteers.





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Eco- Bricks Making- 17th October 2023

NSS Atharva B-57 Unit recently organized a successful eco-brick making event. This eco- conscious initiative aimed to raise awareness about waste reduction and sustainable living. During the event, participants collected discarded plastic waste, such as bottles and packaging, and compacted them into eco-bricks using a simple but effective method. These eco-bricks can be used in construction, promoting recycling and reducing the environmental impact of plastic waste. The event not only contributed to waste reduction but also fostered a sense of community and environmental responsibility. The event ended with the remarkable review session by volunteers which changed the perspective of fellow volunteers regarding environment and plastic pollution.



Amrit Kalash Yatra – 18th October 2023

The NSS Atharva B-57 Unit recently orchestrated a highly successful event called the Amrit Kalash Yatra. This remarkable initiative served as a rallying call to inspire fellow volunteers to actively engage in the campaign, honoring the valorous men and women who selflessly dedicated their lives and made ultimate sacrifices in service of the nation. It also promotes tree plantations, recycling of waste, protecting nature, etc. The unit had prepared a beautiful kalash with tricolor paint and the NSS logo on it. The volunteers then clicked selfies while holding soil in their hands and then pouring it into the kalash. This event has definitely changed the perspective of all the volunteers on how to contribute to the nation. The event came to an end with a remarkable message from the leader and a review session with the fellow volunteers.





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Chhatrapati Shivaji Maharaj: Founder of Indian Navy- 31th October 2023

NSS Atharva B-57 Unit attended the event of Chhatrapati Shivaji Maharaj, the founding father of the Indian Navy, which was held at Mumbai University. The chief guest and keynote speaker for the event was Dr. Ajit Bhonsle, Honorable AIR MSHL. The lecture was also graced by several dignitaries, including Dr. Ravindra Kulkarni, Vice-Chancellor of the University of Mumbai, and Dr. Ajay Bhamare, Pro Vice-Chancellor of the University of Mumbai. The main speaker was Dr. Ajit Bhonsle, who holds a high position in the Indian Air Force. He also mentioned the childhood of Maharaj and how he was motivated and focused. He also explained the importance of our culture so that we can pass it on to the next generation. He also told us how he got the idea of the Army and naval force. Dr. Ajit sir also told how he used to plan every detail before every war. It was an excellent session and a very successful event.



Diwali Carnival- 5th November 2023

NSS Atharva B-57 participated in an event of Diwali celebration with kids organized by ConnectFor. In the beginning, the kids were distributed in groups and each group was assigned with 2-3 NSS volunteers. The event started with an introduction between the kids and the volunteers. Then one of the three activities started which was Lantern making: In this activity, the volunteers taught and helped the kids make creative lanterns. Then the event proceeded with its 2nd activity which was storytelling: In this activity, the kids were told about the importance and significance of the Diwali festival and the kids were asked to write some lines on their own to express their views on the festival. The third activity was balloon drawing where the kids were given balloons and we were asked to draw faces on the balloons. In the end, snacks and chocolates were distributed amongst the kids and some fun games were played as well. Overall, it was a fun event and a new experience for all.





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Voting Awareness in Adopted Village – 5th December 2023

NSS Atharva B-57 Unit recently organized a successful event: Voting Awareness in Dharivali Village. The motive of this event was to raise awareness about voting and voter ID card in the glimpse of the upcoming election. The Voting Awareness Camp was organized with the aim of educating and encouraging the village residents to exercise their democratic right to vote and to apply for voter ID card online. The event started by forming 4 groups of volunteers including one senior with every group to conduct basic survey to determine whether individuals aged above 18 possessed voter ID card or not. If not, the volunteers guided them to apply for voter ID card using the online method which is through the application named 'Voter Helpline'. The villagers listened very attentively and this event also provided an opportunity for volunteers to build their communication skills and social skills. The event ended with review session and everybody gave their individual reviews about the event. Overall, this event was very



important and great experience for all.

Mangroves Cleanup– 10th December 2023

NSS Atharva B-57 Unit participated in a mangrove cleanup event organized by 'For Future India' on December 10, 2023, at Manori Beach. At the start of the event, volunteers were provided with gloves. The volunteers were actively engaged in the cleanup and collected a substantial amount of waste, like plastic and cloth, which was settled there on mangroves due to the high tides. Volunteers demonstrated exceptional dedication and enthusiasm throughout the cleanup. The coordination among volunteers and seniors was commendable, resulting in visible improvements in the cleanliness of the beach area. Dhruv sir, at the conclusion of the event, delivered an insightful explanation about the significance of mangroves to the volunteers, enhancing their understanding of the coastal ecosystem. At the end of the event, refreshments were distributed. The cleanup event proved to be a resounding success by accomplishing its purpose and creating a large impact on the environment.





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Citizen Care Centre Visit– 16th December 2023

NSS Atharva B-57 Unit recently participated in a heartwarming event organized in collaboration with the Citizen Welfare Association. The event aimed at fostering community engagement and promoting social responsibility through interactions with elderly members of society. The NSS volunteers spent quality time engaging in conversations, playing bhajans, aartis, and songs, contributing to an enriching experience for both the volunteers and the elderly participants. At the End of this Successful event, we gave a thank you greeting card to their caretaker. The memories created during our interactions will forever remain engraved in our hearts and also underscored the importance of community engagement and compassionate care for our elderly members.



Soldierathon - Run for Soldiers - 17 December 2023

NSS Atharva B-57 Unit recently participated in Soldierathon - Run for soldiers on December 17th, at General Arun Kumar Vaidya Garden. This event was organized by Shri Sunil Rane sir to raise awareness and express gratitude towards the soldiers who dedicate their lives for serving the nation. The marathon was organized to appreciate the Indian Armed Forces. Volunteers supported and cheered the participants at the end of marathon. The volunteers were then divided in two groups to help the crowd and manage them. Then Shri Sunil Rane sir expressed their opinion towards the sacrifices of our bravehearts. The event ended with a review session, the volunteers gave their reviews of the event being a successful one.





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Ecobrick Making - 22 December 2023

NSS Atharva B-57 Unit organized an eco-brick-making event as an initiative to reduce dry garbage in regards to the increasing plastic pollution. The process of making Eco-Bricks was to fill empty plastic bottles with dry plastic so as to make them hard enough to sustain a certain weight. These bottles would be used in the making of various types of tables, chairs, and furniture. All the volunteers worked efficiently, making a considerable amount of Eco-Bricks. The event then ended after a review session where the volunteers gave their reviews of the successful event.



Mangroves Cleanup - 24th December 2023

NSS Atharva B-57 Unit participated in the Mangroves Cleanup Event in collaboration with 'For Future India'. The event was held at Bhayandar Khadi (East). Gloves were provided to all the volunteers. The volunteers were actively engaged in cleanup and collected a substantial amount of waste like plastic, and cloths which were stuck on Mangroves due to the high tides. Volunteers worked with exceptional dedication and enthusiasm throughout the clean-up. At the end of the event, Harshad Sir gave us complete information about Acts for illegal work near natural habitats. Senior volunteers also guided us throughout the event. Refreshments were distributed to the volunteers. The motive of the Mangroves Cleanup was achieved. The event was a great success



Beach Cleanup - 30th December 2023

NSS Atharva B-57 Unit recently participated in a Beach Cleanup Event organized by 'For Future India'. Starting of the event, volunteers were provided with gloves and fork shovels. All the volunteers actively participated in cleaning the beach, targeting a significant amount of plastic waste. These plastic bags do not break down easily and pose long-term damage to the ecosystem if not addressed. Animals in the vicinity were found to be consuming this plastic waste, which is way too harmful to their well-being. Our primary goal of the beach cleanup which was to reduce the impact of plastic waste on the environment, was successfully achieved. The volunteers effectively collected a substantial amount of garbage and this was evident in the visible improvement observed. At last, the beach cleanup event proved to be a great success in accomplishing



its purpose.

Unit Meet- 5th January 2024

The NSS Atharva B-57 Unit organized a meeting for junior volunteers to discuss the importance of an upcoming special camp. The primary emphasis was on enhancing attendance and fostering increased participation. Senior volunteers from the 10th Generation shared their experiences to inspire the juniors. The Key directives stressed the importance of taking attendance seriously, refraining from using excuses for event absences, actively engaging in university activities, punctuality, timely communication of confirmations or reasons, and maintaining discipline during events. These discussed points will be actively implemented going forward, making a successful conclusion to the session.





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Artshala - School Wall Painting - 07th January 2024

NSS Atharva B-57 Unit participated in the Artshala event in collaboration with ConnectFor at Kane Nagar Municipal School. The motive behind this event goes beyond aesthetics; it aims to motivate and inspire students to embrace the school environment. The school wall painting event began with a briefing to guide volunteers through their tasks, with groups formed for various responsibilities. Essential painting supplies, such as paintbrushes and paints, were provided to ensure a seamless creative process. Volunteers, fueled by enthusiasm, collaborated effectively on tasks like touching up old paintings, outlining, painting, and sketching. The event unfolded as a delightful learning experience, where volunteers immersed themselves in the artistic process. Through their collective efforts and great teamwork, the Artshala event not only added vibrancy to the school surroundings but also successfully achieved its goal of fostering creativity and motivation among the students.



Blanket Collection - 10th January 2024

The NSS Atharva B-57 Unit arranged a blanket collection event today to help those in need. A few volunteers took the lead in organizing things at the beginning. The volunteers were asked to bring blankets to give to the less fortunate. Throughout the event, volunteers enthusiastically participated and showed good coordination and teamwork. The event was a huge success since they put the blankets together, arranged them, and collected them neatly for storage.





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Sports Day - 14th January 2024

The NSS Atharva B-57 Unit organized a Sports Day at Aksa Beach, witnessing significant participation from enthusiastic volunteers. The event commenced with a few warm-up exercises, followed by sports and games including relay races, long jump, kho kho, and the lemon spoon race. Remarkable teamwork was displayed among juniors and seniors during the team sports. The fun-filled event concluded with a prize distribution ceremony, where super seniors awarded medals to the winners. Overall, NSS Atharva's sports day was a huge success, creating joyful and memorable experiences for everyone involved.



2nd Mumbai Sustainability Summit– 15th January 2023

The NSS Atharva B-57 Unit participated in the 2nd Mumbai Sustainability Summit event. The event started with an exciting talk by Shri Sudheendra Kulkarni, setting the stage for a day full of important discussions. Each session focused on making Mumbai a better and more sustainable place, especially by improving public transportation. Later, they welcomed guests: Governor Shri Ramesh Bais and the Environment Secretary of the Government of Maharashtra. Then everyone stood up for the national anthem and the Maharashtra state song 'Jai Jai Maharashtraa Mazha'. This made everyone feel proud of their region and showed that they all care about making things better for the environment. The entire event began in a special way, emphasising their commitment to doing things that are good for the environment. Throughout the day, everyone worked together with a shared goal of helping and making positive changes to the environment in Mumbai.





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Janeev Fest- 16th January 2024

The NSS Atharva B-57 Unit actively engaged in the Janeev Fest, a two-day competition for NSS volunteers from various colleges. The fest featured street plays and a youth summit on day 1, commencing with a ceremonial lighting of the diya in the college auditorium. Street plays involved diverse groups addressing sensitive topics, stirring emotions, and imparting information to the audience, each being evaluated by judges. Eventually, the NSS Atharva team delivered an outstanding performance in street play, bringing great satisfaction to our volunteers. Simultaneously, in another classroom, a youth summit on the topic of gender sensitization took place, with two exceptional volunteers from our college delivering an impressive performance. On day 2 of the fest, the volunteers performed a group dance on the topic of Acid attack. Numerous groups were performing and had unique ideas as well. The NSS Atharva B-57 unit was highly praised for their topic and the dance performance. The volunteers also showcased how a female overcame the pressure from society through their dance. Overall, the NSS Atharva's volunteers showcased amazing participation and performances during the entire 2-day fest.



Jallosh-Beach Cleanup – 20th January 2024

NSS Atharva B-57 Unit recently participated in Jallosh -Beach Cleanup Event organized by 'Project Mumbai' on January 20th, 2024 at Juhu Beach. Starting of the event, The volunteers were provided with gloves by the organizers, demonstrated commendable dedication and enthusiasm throughout the cleanup process. The collective effort of the volunteers resulted in the successful collection of a substantial amount of waste from the beach. At last, as a gesture of appreciation, NSS Atharva B-57 Unit presented a heartfelt thank you card to the members of Project Mumbai for their pivotal role in organizing and facilitating the event. This acknowledgment underscored the collaborative spirit and unity in achieving a common goal. Later on, Project Mumbai members reciprocated by sharing insights into their upcoming projects, fostering a sense of community engagement and encouraging continued participation in such initiatives. The purpose of the beach clean up was fulfilled and overall, the event was a great success.





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Marathon: Namo Khel Mahotsav 2024– 21st January 2024

NSS Atharva B-57 Unit actively participated in the 'Namo Khel Mahotsav' Marathon organized by Shri. Sunil Rane, sir. The event kicked off by distributing placards and t-shirts to each volunteer. Further, the marathon commenced at Gorai Jetty with high spirits and many enthusiastic volunteers across various age groups. The route extended from Gorai Jetty to Borivali Station and concluded back at Gorai Jetty. Post-marathon, Shri. Sunil Rane Sir presented awards to the winners. Medals and certificates were also presented to the participants, accompanied by refreshments. All participants, along with NSS volunteers, celebrated joyously after the award ceremony. The event provoked a sense of perseverance and mental toughness while promoting goal-setting and a sense of accomplishment. Such events improve fitness, endurance, and overall physical health. Overall, the event was a resounding success.



Republic Day Celebration – 26th January 2024

The morning of 26th January, NSS Atharva (B-57) celebrated the 75th Republic day on the premises of the college. The program started at 8:30 A.M. with the esteemed guests in attendance, including Chimaji Aadav - senior inspector with The Director, Principal, Teaching and Non- Teaching Staff and Students of our college were present at this Event. Chief guests hoisted the National Flag. The students saluted the flag. National anthem echoed across the campus, stirring emotions and igniting a sense of patriotism in everyone's hearts. Senior Inspector of Malvani Police Station gave a motivational speech mentioning their vision for India. The ceremony drew to close with nss unit graced the stage with a mesmerizing 'Powada' performance captivating audience heart's, igniting a flame of pride for the timeless legacy of one of India's greatest warrior kings. Overall, the Republic day celebration was a great success





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Blanket Distribution at Dharivali – 28th January 2024

NSS Atharva B-57 Unit recently organized a heartwarming blanket distribution event at the adopted village of Dharivali, aiming to provide warmth to families in need and foster a sense of care within the community. This experience taught us the profound impact of small acts of kindness, as distributing blankets not only offered physical comfort but also created meaningful connections and highlighted the importance of empathy. Witnessing the smiles on people's faces emphasized that even seemingly simple gestures can bring communities closer. This event showcased the unit's commitment to community well-being, echoing the values of unity and generosity celebrated during Republic Day. Overall, the event was a great success.



Paper Bag Making – 31st January 2024

NSS Atharva B-57 Unit organized a paper bag-making event to promote sustainability. The motive of this event was to reduce the usage of plastic bags and promote the usage of paper bags made out of newspapers. Each volunteer was asked to bring newspapers and other stationary items required for paper bag making. Our goal was to make the maximum number of paper bags which was achieved as a total of 130 paper bags were made. This initiative was taken to reduce the usage of plastic bags which is harmful for our environment. This initiative will be beneficial for us as well as for future generations. The event was a great success.





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Tree Plantation- 3rd February 2024

The NSS Atharva B-57 Unit Participated in a Pre-plantation event organised by the Atharva Foundation at Sanjay Gandhi National Park. All the volunteers gathered and cleaned the place for tree plantation by removing stones, dried leaves, broken glasses, and trunks of trees and making the place clean from what it used to be. We worked with unity and made a place good for the plantation then some refreshments were provided to every volunteer. Then we headed for the Amazing Jungle safari of the National Park organized by Shri Sunil Rane sir which was very adventurous and mesmerizing. The event was



successful.

Artshala-Paint a School- 3rd February 2024

The NSS Atharva B-57 Unit collaborated with ConnectFor to host the Artshala event at Vinoba Bhave Nagar High School. The goal of this event is to motivate and inspire students to embrace their school environment. First, groups for different tasks were formed, and volunteers were given instructions to help them complete the wall painting event at the school. To ensure a smooth creative process, basic painting supplies such as paintbrushes and paint were provided. Volunteers were enthusiastic and worked well together on tasks such as touching up paintings, outlining, and sketching. The occasion turned into a fun educational opportunity where volunteers got hands-on experience with the creative process. In addition to bringing life to the school environment, the Artshala event was a great success in achieving its objective of encouraging student motivation and creativity thanks to the group's combined efforts and excellent teamwork.





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Adopted School Activities-1– 16th February 2024

The NSS Atharva B-57 Unit organized Adopted School Activities at Bandar Pakadi English Medium BMC School in Kandivali west. Volunteers were divided into small groups, each assigned to a different grade level. The event commenced with an introduction to NSS and a brief explanation of the activities for the students. Students enthusiastically engaged in the various educational and personal development activities facilitated by the volunteers. The volunteers dedicated themselves to the tasks while also relishing the school atmosphere alongside the children. The activities were tailored to foster both academic and personal growth among the students. The event was marked by seamless cooperation and coordination between the volunteers and the school staff. Throughout the event, the joy and enthusiasm of the students were palpable, indicating their enjoyment of the sessions. Overall, the event achieved great success.



Adopted School Activities- 2– 16th February 2024

The NSS Atharva B-57 Unit organized an event to conduct educational activities in our adopted BMC school at Ganesh Nagar. The volunteers planned some activities like word games, general knowledge-based questions, mathematical sums, story-telling, etc. The volunteers were divided into groups, and each group was allotted classes from 1st to 5th grade. All the students actively participated in all the activities that were conducted. Finally, chocolates were distributed to the students. All the volunteers participated with great energy, and each volunteer gave their best in this activity. The Adopted School event was a great success.





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Tree Plantation- 17th February 2024

The NSS Atharva B-57 Unit participated in a pre-plantation event organized by the Atharva Foundation at Sanjay Gandhi National Park. All the volunteers gathered and cleaned the area for tree plantation by removing stones, dried leaves, broken glass, and tree trunks, making the place clean from what it used to be. We worked with unity and prepared the area for the plantation, after which refreshments were provided to all volunteers. Then, we embarked on an amazing jungle safari of the National Park, which was very adventurous and mesmerizing. The event was a success



Seminar on Career in Merchant Navy– 20th February 2024

The NSS Atharva B-57 unit hosted a seminar titled 'Career in Merchant Navy'. The seminar was held at Atharva College of Engineering. Mr. Nishant Vaidhya, Dy. Marketing Manager, and his executive, Mr. Suraj Mishra, both from Seven Islands Shipping Limited (SISL), were the guest speakers. The session began with a welcome address by one of our volunteers. Later on, Mr. Vaidhya began his session. He provided an outline of the merchant navy. He also provided the requirements for joining the Merchant Navy, as well as the entry fees. He then went on to discuss the many types of ships, their functions, how they are built, the numerous job opportunities, and so on. He then answered various questions asked by the volunteers, thus clearing their doubts. This interactive session was ended by a vote of thanks along with a flower pot and thank-you card as a gesture of morale. Thus, the event turned out to be a successful one.





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Chhatrapati Shivaji Maharaj Jayanti Celebration- 20th February 2024

The NSS Atharva B-57 Unit participated in the Chhatrapati Shivaji Maharaj Jayanti Celebration held at the Convocation Hall, University of Mumbai, Fort Campus. The event began with the welcoming of the guest speaker the kulguru of Mumbai University Dr. Ravindra Kulkarni, along with Dr. Ajay Bhaamre, Dr. Smita Deshmukh, Dr. Bharat Amalkar, and Dr. Baliram Gaikwad. After that the main speaker Dr. Bharat Amalkar delivered a speech on the unspoken stories of Shivaji Maharaj, emphasizing his strategic planning and leadership qualities. He also highlighted the significance of the forts associated with Shivaji Maharaj. The aim was to provide a deeper understanding of the strategic importance and historical relevance of the forts. After that, Dr. Smita Deshmukh, principal and also an actress known for her portrayal of Jijau in the film "Raj Mata Jijau," shared inspiring anecdotes of Jijamata's bravery and her role in nurturing Shivaji Maharaj into the iconic leader he became. The event was attended by volunteers from different colleges. The event was not only informative but also served as a platform for reflection on the legacy of Chhatrapati Shivaji Maharaj and his remarkable contributions to history. Overall the event was great success.



Krida Mahakumbh 2024 - 21th February 2024

The NSS Atharva B-57 unit took part in the 'Krida Mahakumbh 2024' in Malvani in Malad West on February 21, 2024. In collaboration with Brihanmumbai Mahanagar Palika and Krida Bharti, the Maharashtra government arranged this event. A variety of sports and pastimes, including Lezim, Mallakhamb, Kabaddi, and Langdi, were played by participants from all over Mumbai. The purpose of this massive sporting event was to raise awareness about Maharashtra's traditional games. The NSS Atharva volunteers assisted with event management and provided support to the organization. In addition to efficiently managing the throng, volunteers gave participants water and refreshments. In light of this, the event was a huge success and turned out to be fantastic.





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CPL DAY 1 – 23rd February 2024

The participation of the NSS Atharva B-57 Unit in the Clean Up Premier League (CPL) organized by For Future India, in collaboration with Go Shoonya and Suhaan Foundation, marks a commendable effort towards environmental conservation. Held at Manori Beach, CPL embodies a unique approach to beach restoration by infusing the spirit of competition. On Day 1 of CPL, the beach became a bustling arena where teams from various colleges converged to tackle the task of revitalizing our coastal ecosystems. With the NSS Atharva B-57 Unit allocated to Zone 8, a sense of ownership and responsibility permeated the volunteers as they embarked on their cleanup mission. The efficient allocation of zones ensured a systematic approach to the cleanup, optimizing the utilization of resources and manpower. As more than 200 dedicated volunteers rolled up their sleeves, the collective impact of their efforts rippled across the sandy shores, leaving behind a trail of positive change. Beyond the mere act of picking up litter, CPL transcends into a symbol of community engagement and environmental stewardship. With Day 1 heralding a resounding success, anticipation brews for the subsequent days of CPL, as each sunrise brings with it new opportunities to nurture our planet and inspire others to join the movement towards a cleaner, greener future



Adopted School Activities- 3 - 23rd February 2024

The NSS Atharva B-57 Unit organized Adopted School Activities at Bandar Pakadi English Medium BMC School in Kandivali West. Volunteers were divided into small groups, each assigned to a different grade level. The event commenced with an introduction to NSS and a brief explanation of the activities for the students. Students enthusiastically engaged in the various educational and personal development activities facilitated by the volunteers. The volunteers dedicated themselves to the tasks while also relishing the school atmosphere alongside the children. The activities were tailored to foster both academic and personal growth among the students. The event was marked by seamless cooperation and coordination between the volunteers and the school staff. Throughout the event, the joy and enthusiasm of the students were palpable, indicating their enjoyment of the sessions. Overall, the event achieved great success.





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CPL Day 2 - 24th February 2024

The NSS Atharva B-57 Unit participated in the Clean Up Premier League (CPL), organized by For Future India in collaboration with Go Shoonya and Suhaan Foundation, marking a commendable effort towards environmental conservation. Held at Manori Beach, CPL embodies a unique approach to beach restoration by infusing the spirit of competition. On Day 2 of CPL, the beach became a bustling arena where teams from various colleges converged to tackle the task of revitalizing our coastal ecosystems. With the NSS Atharva B-57 Unit allocated to Zone 8, a sense of ownership and responsibility permeated the volunteers as they embarked on their cleanup mission. The efficient allocation of zones ensured a systematic approach to the cleanup, optimizing the utilization of resources and manpower. As more than 140 dedicated volunteers rolled up their sleeves, the collective impact of their efforts rippled across the sandy shores, leaving behind a trail of positive change. Beyond the mere act of picking up litter, CPL transcends into a symbol of community engagement and environmental stewardship. With Day 2 heralding a resounding success, anticipation brews for the subsequent days of CPL, as each sunrise brings with it new opportunities to nurture our planet and inspire others to join the movement towards a cleaner, greener future.



CPL Day 3 – 25th February 2024

NSS Atharva B-57 Unit participated in the CPL - Clean up drive organised by FFI (For Future India) which was held for 3 days at Manori Beach, Malad. Not only in a competition but also the importance of taking responsibility is also necessary in our day-to-day life towards nature and mother Earth, was learnt by our fellow Volunteers. With all our efforts and striving dedication towards our work, the whole Unit contributed immensely. In the end, during the prize distribution, NSS Atharva won the 1st price and all our dedications and decisions were fruitful. At last, the event was successfully concluded with a sense of achievement by all the volunteers.





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Borivali Art Festival- 23rd, 24th, and 25th February 2024

The NSS Atharva B-57 Unit actively participated in the Borivali Art Festival, organized by the Borivali Cultural and Sports Association in collaboration with the Atharva Foundation. Over three days, our volunteers, including seniors and juniors, dedicated themselves to managing various aspects of the event, promoting Indian culture, and facilitating a memorable experience for attendees. On the 23rd of February, we attended a two-hour talk show event featuring inspiring sessions by Smt. Varsha Rane and Dr. Vrushali, gathering insights into achieving success and personal transformation. Engaging as volunteers on the 24th of February from 6 p.m. to 8 p.m., we ensured smooth crowd management and assisted attendees in appreciating the artwork, followed by participation in a captivating dance and music show and individual volunteer reviews. On the final day, the 25th of February, we managed crowds, provided explanations on various painting displays, witnessed Bharatnatyam performances, enjoyed a skit on Deva Ganesha by young talents, and explored diverse art exhibits, understanding their societal and environmental impacts. Overall, the three-day event proved to be a resounding success, with each volunteer showcasing dedication and positive energy in their roles, deepening our understanding of art's significance in life, and its influence on the human psyche, and garnering inspiration for achieving success and maintaining discipline



Adopted School Activities- 4 – 1st March 2024

The NSS Atharva B-57 Unit organised Adopted School Activities at Bandar Pakhadi BMC School in Kandivali - (W). An engaging and interactive activity aimed at fostering a positive and enriching environment for the students. The event encompassed various activities, including interactive sessions, fun games, knowledge puzzles, and outdoor games. The combination of fun games and knowledge puzzles not only entertained but also contributed to the cognitive development of the students. The outdoor games provided a refreshing break from routine and encouraged a healthy, active lifestyle. The adopted school activity proved to be highly successful in achieving its objectives.





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Adopted School Activities- 49 – 1st March 2024

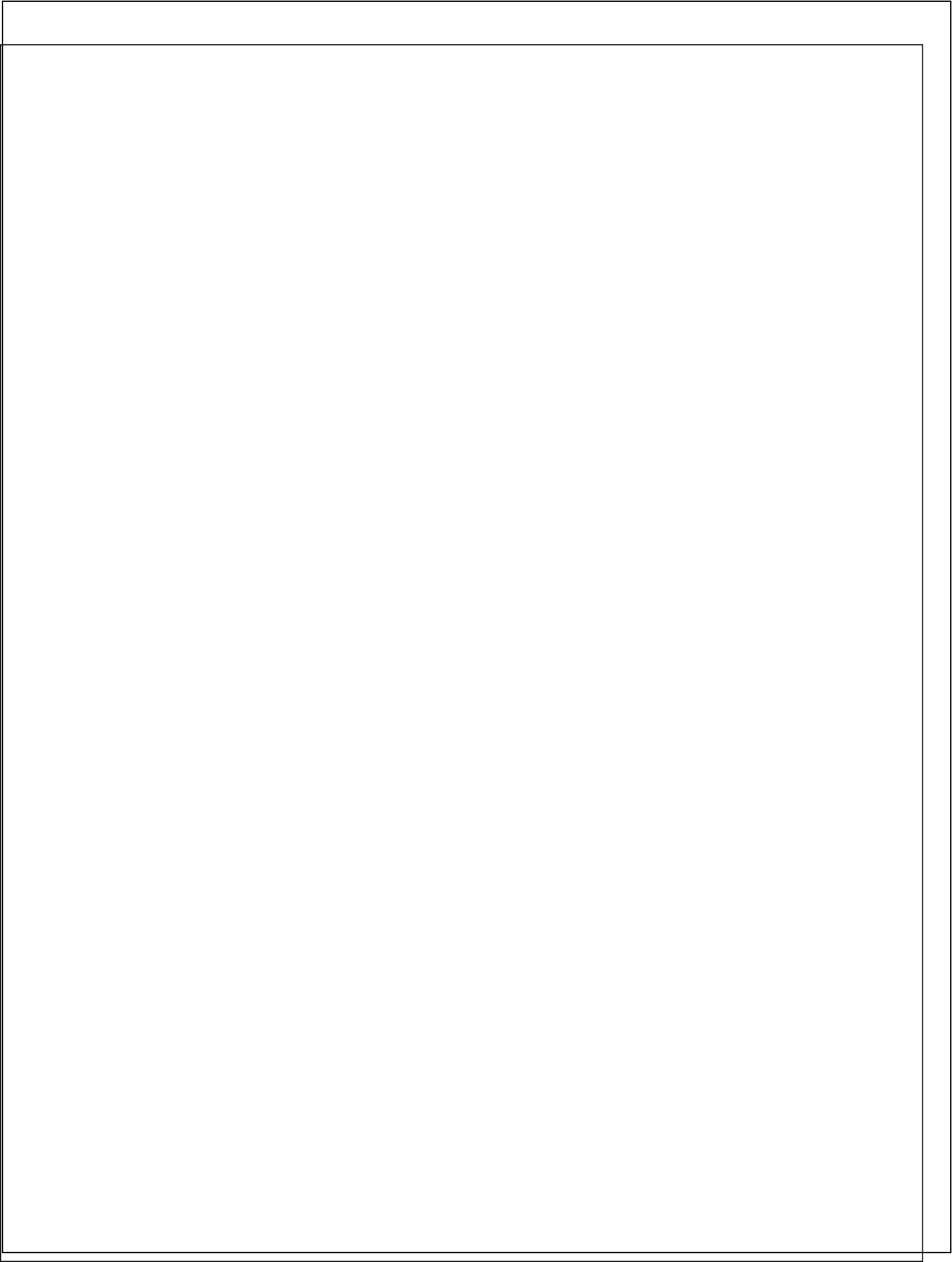
The NSS Atharva B-57 Unit organised an Adopted School Activities which was conducted in Ganesh Nagar English Medium BMC School, Kandivali West. Before performing activities with students, volunteers were divided into three groups, which were then assigned to various classrooms. Consequently, the groups of volunteers started the event with an introduction to themselves and the students. After ice-breaking activities were performed, intellectual and fun games were conducted, which not only tested the reasonable skills of the students but also served as a helping hand for their improvement. Educational activities like complex mathematics, memory-building activities, reciting poems, and reading were done. The fun activities included playing games, reciting songs, etc. The event ended with a review session which consisted of suggestions from the volunteers about how the adopted school activities can be made better. Thus the event was a great success.



Adopted School Activities- 49 – 7th March 2024

The NSS Atharva B-57 Unit organised an Adopted School Activity at Ganeshnagar BMC school. An engaging and interactive activity aimed at fostering a positive and enriching environment for the students. The event was composed of various activities which included fun activities, interactive activities, games and many more. The combination of fun games and general knowledge questions not only entertained the students but also contributed to the self- development of the students. The students were quite shy at the start but then they got to blend in the fun, the students were quite active and were quite interactive they were quite knowledgeable too. The adopted school activity went as planned and was a successful event with great memories and was successful in achieving its objectives.







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NSS ATHARVA

❖7-Day Special Camp (Day 1) – 05th February 2024❖

February 5th, 2024, marked the commencement of the NSS Atharva B-57 Unit's 7-day special camp at Sakwar. The day began with our arrival at the campsite, followed by informative sessions led by senior volunteers about the area. Further, the Maharaj of the Ramakrishna Mission provided an introductory briefing about the camp's objectives. Volunteers then visited a gaushala and farm, where the owners shared insightful information that piqued our curiosity. Following this, preparations were made for a survey scheduled in a nearby village. Volunteers were organized into groups and dispersed throughout the village to conduct the survey, addressing the villagers' concerns, notably issues with waste management and inadequate medical facilities. The day concluded with a Bhajan Sandhya, marking a successful start to the camp.





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NSS ATHARVA

❖7-Day Special Camp (Day 2) – 6th February 2024❖

The NSS Atharva B-57 unit started Day 2 of the NSS Camp with a peaceful yet energetic bhajan and a dynamic array of various yoga asanas and Surya-namaskar. This ensured that muscles were properly warmed up, and increased blood flow with an active mind. We were appointed a task for our day 2 shram daan which was to clean the ground in the ashram itself. Later on, we visited a nearby village which was in the mountains and to go there we had to travel by trekking which was very fun and exciting. After lunch, we were informed to assemble at the hall to discuss and practice the awareness rally which we were going to conduct later that day. According to the data we had collected on Day 1 through a survey we planned our rally topic to be awareness about government schemes. Then we practiced the whole flow thoroughly and proceeded to Sakwar village to start the rally. The rally commenced at Sakwar school with enthusiastic participation from villagers of all age groups. Messages about government schemes, and women's empowerment adorned the rally. The awareness rally catalyzed positive change in Sakwar, fostering a sense of unity and collective responsibility towards building a brighter future. The rally elicited a positive response from the villagers, who expressed gratitude for the valuable information and resources provided. By fostering awareness, participation, and accountability, we are confident that these schemes will contribute towards enhancing the quality of life and promoting growth in rural India. Hence, Day 2 of Special Camp 23-23 was a huge success.





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NSS ATHARVA

❖7-Day Special Camp (Day 3) – 7th February 2024❖

The NSS Atharva B-57 Unit organized a 7-day special camp. The third day of the National Service Scheme (NSS) camp began with invigorating morning exercise and yoga led by a trained instructor. After the morning exercises, volunteers were divided into teams and proceeded to clean the premises of the ashram. In the afternoon, the NSS camp volunteers embarked on a visit to the nearby Gaushala, a shelter for cows. Guided by knowledgeable staff members, they told us about how they rescued these many animals and are taking care of them. They also told us the significance of animal protection and the challenges faced by Gaushalas in modern times. Volunteers had the opportunity to interact with the cows, feed them, and gain insights into their care and management. Day 3 of the NSS camp was filled with activities, knowledge, and new experiences. The third day of the special camp went well.





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NSS ATHARVA

❖ **7-Day Special Camp (Day 4) – 08th February 2024** ❖

On February 8, 2024, the NSS Atharva B-57 Unit held a successful fourth day of a 7-day special camp at Ramakrishna Mission, Sakwar. The day commenced with morning exercises and yoga, followed by a school activity at the local government school, where volunteers engaged with students in various skill-building activities. A visit to an ice factory provided insights into the ice-making process, including the use of ammonia and principles of compression and expansion. A session on menstrual hygiene emphasized its importance, with the distribution of sanitary pads to girls in the Sakwar village. Later, volunteers practised street plays on topics like child marriage and constitutional rights, showcasing their enthusiasm and active participation. Overall, the fourth day was marked by the successful execution of five events, fostering learning, community engagement, and skill development among volunteers.





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NSS ATHARVA

❖ 7-Day Special Camp (Day 5) – 09th February 2024 ❖

NSS Atharva B-57 unit organized a NSS Residential Camp. Today, on the 5th day of the camp, the day commenced with a prayer session conducted by Maharaj. This session provided a serene beginning, fostering a positive mindset among the participants. Following the prayer session, an energetic yoga session was held, imparting valuable lessons on the significance of regular exercise in maintaining physical well-being. The yoga instructor demonstrated various asanas regarding back pain, contributing to the volunteer's overall physical relief and understanding of fitness principles. Then, a session dedicated to Swami Vivekananda, led by Maharaj, ensued, enlightening the attendees about the esteemed figure's exemplary deeds and teachings. Insights were shared on how to integrate Swami Vivekananda's teachings into daily life, fostering personal growth and ethical conduct. The latter part of the day was devoted to street play rehearsals, during which seniors and super seniors provided constructive feedback on the performances. Adjustments were made based on the received reviews, and the practice continued diligently even after dinner, with enthusiastic participation from all volunteers. In summary, the 5th day of the camp proved to be intellectually stimulating and informative. The day concluded on a successful note altogether.





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NSS ATHARVA

❖ 7-Day Special Camp (Day6) - 10th February 2024 ❖

NSS ATHARVA B-57 Unit organized a 7-day special camp from February 5th to 11th, 2024, located at Sakwar. February 10, 2024, marked the sixth day of NSS camp. The day started with a daily morning prayer. Today's special activity was sports day, which witnessed wholehearted participation from every volunteer. The activities included warm-up exercises followed by spirited games, showcasing teamwork and participation. We learned about the importance of health and fitness. The next event for the day was Shramdaan, in which all the volunteers did hard work in creating small pits to plant new seedlings and filling the required compost and fertilizers. After our lunch, we practiced our street plays. Later, at 4:30 p.m., we went to Sakwar village to perform our street plays. In groups of three, a few volunteers went to invite the villagers for the performance. Our topics were child marriage and constitutional rights. The street plays captivated the audience, with each volunteer delivering their role with unwavering dedication and boundless energy. The message resonated strongly, fostering understanding among the villagers. Overall, the day was filled with new experiences and challenges and was a great success.





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NSS ATHARVA

❖ **7-Day Special Camp (Day 7) – 11th February 2024** ❖

The NSS Atharva B-57 Unit organized a 7-day Special Camp held at the Ramakrishna Mission, Sakwar. The seventh day of camp began with morning exercises and yoga which were led by the instructor. After the exercise session, we had our breakfast. Then volunteers were divided into two groups, one went for a farm visit and the other group went for a session in which the Maharaj told them about Swami Vivekananda's life and things we should adapt to live a good life. In the farm visit, we got to know about different types of vegetation. Then half of the Volunteers moved for the Farm Visit which the guide told us about different types of vegetation. After the session one of our volunteers gave a vote of thanks to the Maharaj and the organisation. Overall the NSS 7 Days Special Camp was a great success.

