



ATHARVA EDUCATION TRUST
ATHARVA COLLEGE OF ENGINEERING
(Approved by AICTE, Recognized by Government of Maharashtra & Affiliated to
University of Mumbai. 1999-2000)
NSS ATHARVA



NSS ATHARVA UNIT: 1

UNIT STRENGTH: 100

ACADEMIC YEAR: 2022-23

PROGRAMME OFFICER: PRO. SAMEEER KATAKDOUNDE

REGULAR ACTIVITY REPORT 2022-23

- **Trees On, Global Warming Gone – 22nd April, 2022**

NSS Atharva B-57 volunteers volunteered in a tree plantation with Mission Green Mumbai. Volunteers enthusiastically participated in tree planting and related activities. The event began at 8:00 a.m. Volunteers cleared the area for planting. Unwanted weeds and materials were removed, which hindered the growth of the previously planted plant. After the cleanup, all the volunteers planted trees in the area under the guidance of the staff of Mission Green Mumbai. Fertilizers and necessary materials required for safe growth of plants were also added. Global warming is a major concern today. Planting trees and protecting them is the key to fighting it. This initiative by the organization and NSS Atharva volunteers is a big step towards making this planet more beautiful and green.



- **Say YES to life, NO to Drugs Pledge - 26th April, 2022**

NSS Atharva B-57 volunteers conducted an event under the guidance of Mumbai University in which we pledged not to consume drugs, as a drug-free India can do wonders for the nation that one can't imagine. The event started at 1.00 pm with one of our volunteers giving speech about the harmful effects of drugs on the human body and how it decreases the count of days of one's life. After the speech, we all together took a pledge not to consume any kind of drug and also will aware people of the bad effects of drugs on the youth and society. Avoiding drugs and living a healthy life is the superior thing that a youth of a nation should ensure. This mission of NSS ATHARVA will make the youth of India strong eternally and will make India strong internally!



- **Awakening path of Yoga– 14th May, 2022**

We the volunteers of NSS Atharva conducted a Yoga event in Malad West under the Count-down Yoga Programme of International Yoga Day-2022 directed by the Ministry of Youth Affairs and Sports and Ministry of AYUSH under the guidelines of Mumbai University. The event started with an inaugural speech given by one of our volunteers who emphasized the importance of Yoga and physical exercises in daily life. Then we performed various standing and sitting asanas like Veerbhadraasana, Vrikshasana, Suryanamaskar and many more, followed by Breathing exercises, Omkar Chanting, and Meditation. Yoga helps in improving concentration and in attaining inner peace, it is something natural and free that you can practice daily to improve your general well-being. All the volunteers contributed equally and the event surely was a success.



- **Posters Making on Environment Sustainability – 30th May, 2022**

NSS ATHARVA B-57 conducted Poster Making on Plastic Management and Environment Sustainability Awareness as a part under the direction of the Maharashtra Government. We all know that Plastic is commonly used all over the world hence the waste generated from this use would also be enormous. This waste, if not managed properly, has numerous ill-effects on the environment and living beings. Hence, plastic waste management is very important. And in order to sustain the beauty and natural function of the environment, humankind must first take drastic steps toward environmental sustainability and avoid actions that harm or deplete it. Environmental sustainability is defined as responsible interaction with the environment to avoid depletion or degradation of natural resources and allow for long-term environmental quality.



- **Plastic Management Awareness– 31st May, 2022**

The volunteers of NSS Atharva B-57 unit conducted a Plastic Management Awareness event as a part under the direction of Maharashtra Government. In this event, all the volunteers went from class to class and made awareness about waste management. Not only did we go to different classes but also visited the canteen area of our college and asked them to collect all the dry waste and give it to our team so we can send it to recycle. We also gave them an idea of Eco Brick which is a better option to store plastic. Throwing away garbage is not the solution to save our environment. Instead, we should recycle and reuse it. Every volunteer actively participated in the event making it a great success.



- **Best out of Waste – 1st June, 2022**

NSS Atharva B-57 conducted the Best Out Of Waste event as a part under the direction of Maharashtra Government. In this event, the volunteers made attractive things from the material we don't use anymore. Creating something new from the old, recycling and upcycling, are the best ways to reduce one's Carbon Footprint. It is not only about a small count of people but each and everyone should try to recycle and reuse the waste and make the best out of it. It will help us control the amount of waste sent into landfills and shape our innovative ideas. It also helps the society and nation in conserving our nature. So every volunteer participated in this great initiative and made the event a great success.



- **Plastic Collection Drive – 2nd June, 2022 - 3rd June,**

NSS ATHARVA B-57 conducted Plastic Collection Drive as a part under the direction of the Maharashtra Government. In this drive all the volunteers collected plastic in their residential areas. This was an important event as it is a small step towards saving our environment. The main motto of this event was to collect any form of Dry Plastic Waste as much as possible in order to recycle it. It is critical to recycle and minimize the amount of waste we are putting into the atmosphere. By recycling plastic, we can help save and protect our environment and save energy, reduce landfill waste and also it prevents pollution. Every volunteer actively participated in the event making it a great success.



- **Tree Plantation – 4th June, 2022**

NSS ATHARVA B-57 conducted a TREE PLANTATION DRIVE in our locality as a part under the direction of the Maharashtra Government. The main aim of the drive was to control global warming, make the environment pollution-free, spread awareness of the importance of keeping our environment clean and enhance the beauty and balance of the environment. All the volunteers planted one sapling each in their respective locality. They also took the Oath: “I will plant a tree sapling and take care of the sapling so that it grows into a mature tree.” Tree plantation is not just something that should be done; instead, it is a necessity, the urgent need of the hour. Our young volunteers actively participated in the tree plantation drive and the event was a great success.



- **Pledge on Environmental Awareness – 5th June, 2022**

NSS ATHARVA B-57 conducted an event on Environmental Awareness (Pledge) as a part under the direction of the Maharashtra Government. Environmental sustainability is defined as responsible interaction with the environment to avoid depletion or degradation of natural resources and allow for long-term environmental quality. Human society is playing a vital role in degenerating the natural environment which is badly affecting the lives on this planet. And in order to maintain a sustainable environment and keep much material out of landfill, it's important for each of us to do our part. One of the ways is practicing the 3 R's strategy which includes Reduce, Reuse and Recycle. So we, NSS Atharva Volunteers made an impactful video on Environmental Awareness which includes all the important points and ways to maintain a sustainable environment and every volunteer took part in the environmental pledge.



- **Beach Cleanup at Marve Beach – 5th June, 2022**

The volunteers of NSS ATHARVA B-57, conducted a Beach Clean-up drive at Marve Beach on the occasion of World Environment Day in collaboration with Umeed Foundation and D.S. Research Centre for Cancer. In this event the volunteers cleaned the beach by collecting the waste which included plastic, cloth and other toxic materials harmful for the environment and aquatic life. They collected this waste in garbage bags and disposed it in a proper way. Cleaning the beach improves the coastal and ocean ecosystem by ensuring that none of the trash is toxic enough to disrupt the aquatic life cycle. All the volunteers of NSS Atharva contributed equally and the event was a great success.



- **Shivswarajya Din - 6th June, 2022**

On the occasion of 346th Coronation Day of Chhatrapati Shivaji Maharaj NSS ATHARVA participated virtually in the event organized by the government of Maharashtra in Satara. There was a rally of hundreds of students and the minister of Maharashtra technical and higher education, Mr. Uday Samant Ji also participated in the 3km rally. The event started with the coronation ceremony of Chhatrapati Shivaji Maharaj's huge Statue and ended with the impactful Speech of Mr. Uday Samant sir. The significance and importance of the auspicious day was taught to us. How every student should admire Chhatrapati Shivaji Maharaj and learn from his life lessons was the main motto. Shiv Chhatrapati Shivaji Maharaj is an ideal for the whole world. His iron determination, valor, and dominance were the epitome to follow. His courage knew no bounds. The youths of India should build their qualities inside themselves and should take a stand for serving and protecting the nation. "If one has courage and a goal like him, one can achieve anything". Indeed, the event was a great success!



- **Inauguration Ceremony of Majhi Vasundhara – 7th June, 2022**

This event volunteers of NSS ATHARVA B-57, attended the inauguration ceremony of Majhi Vasundhara at Worli Fort. The event was organized by the Maharashtra Government under the guidance of Minister of Higher and Technical Education Mr. Uday Samant and Cabinet Minister of Tourism and Environment Mr. Aditya Thackeray. The event included speech from higher authorities of NSS and speech from Mr. Uday Samant, followed by street play and dance which covered the motive of the Event. We, along with the other volunteers of NSS units, cleaned the surroundings of the Worli Fort by picking up the plastic waste. Every volunteer of NSS ATHARVA participated enthusiastically and the event was a great success.



- **Meditation and Detox Session – 8th June, 2022**

On the occasion of World Ocean Day NSS ATHARVA B-57 conducted a Beach walk event in collaboration with Mission Green Mumbai at Aksa beach. The idea is to realize the importance of oceans and beaches in our life, to explore their beauty and to create awareness about the impact of human activities on them. The event started with a meditation and detox session along the sea shore. This was followed by an analysis and observation session of the beach and surroundings. Volunteers took a walk on the beach and experienced the true beauty of nature. Mr. Subhajit Mukherjee, the ambassador of Majhi Vasundhara and pioneer person of Mission Green Mumbai, explained the importance of Oceans and ways to keep them clean and safe, not only for humans but also for marine life and other species. World Oceans Day is celebrated to inform the public of the impact of human actions on the ocean and to develop a worldwide movement of citizens for the oceans.



- **Mango seed collection drive – 16th June, 2022**

NSS ATHARVA B-57 in collaboration with Mission Green Mumbai organized a Mango Seeds collection drive in which we had to keep the mango seeds aside that we had consumed during this season and wash the seeds and dry them in sunlight. The event started by assembling at the location and counting the proper dry seeds contributed by each volunteer. We segregated the dry seeds and moist seeds differently so that the other dried seeds don't get moist. NSS Atharva contributed with the number of 800 seeds in total and handed it over to Mission Green Mumbai. Maximizing the use of organic waste in different ways promotes sustainable living. Indeed the event was a success.



- **Stress Management Camp – 20th June, 2022**

We the volunteers of NSS Atharva attended a Stress Management camp organized by The Yoga Institute. The Yoga Institute is the country's first yoga school to be certified by the Quality Council of India, Ministry of AYUSH, Government of India. This event was carried out under the Count-down Yoga Programme of International Yoga Day - 2022 directed by the Ministry of Youth Affairs and Sports and Ministry of AYUSH under the guidelines of Mumbai University. We performed asanas under the guidance of instructors like Dhridasana, Yastikasana, Bhadrasana, etc. We also performed stretches for the flexibility of the body. The instructor explained to us the 5 important elements which are Food, Energy, Emotions, Intellect, and Faith, and also explained to us how these elements affect us when we are stressed and taught us how to balance and manage stress during stressful situations. All volunteers contributed equally and the event was a great success.



- **Yoga for Humanity – 21st June, 2022**

On the occasion of International Yoga Day, NSS ATHARVA B-57 conducted a Yoga for Humanity event on the college campus of Atharva College of Engineering. The Yoga Trainer showed us some simple and beginner asanas. Various sitting and standing asanas such as Butterfly pose, Pawanmuktasana, Brahmari, Pranayam, Tadasana, etc were performed followed by meditation. The trainer told us about the importance and benefits of practicing yoga daily and also stressed the importance of every asana performed during the event. Yoga helps in improving concentration, managing stress, increasing our energy and brightening our mood, strengthening body muscles, improving body posture, flexibility, and metabolism, and also attaining inner peace. All the faculties including the Principal and Director of our college actively participated in the International Yoga Day celebration. The event helped us feel confident and physically, mentally, and spiritually content.



- **Marathon - Say No To Drugs, Yes To Life – 25th June, 2022**

NSS Atharva B-57 unit participated in the Marathon Run on International Day against Drug Abuse and Illicit Trafficking. The objective of the event was to spread awareness about staying fit and "Saying No To Drugs, Yes To Life". This day was selected as it was pledge day. The marathon began from Azad maidan and ended near NCB Office. The volunteers actively participated in the marathon completing it. At the end of the Marathon competition, the higher authorities of NCB gave speeches awakening the public with their speech. The entire team of NCB was present at this event. A large number of volunteers from different Universities, Organizations, and Colleges from all over Mumbai participated in the event. The song "Say no to drugs, yes to life" was sung by all the participants. Then a pledge was taken and certificates were distributed. Snacks were distributed at the end of the event.



- **Trek Towards Nature – 16th July, 2022**

NSS Atharva B-57 unit volunteers organized a trekking event towards cleanliness and visited Sondai Fort (Karjat). We climbed the mountain and collected all the garbage while climbing the mountain which not only cleaned the mountain but also taught us trekking skills which was eventually a great experience. After reaching the top we also collected garbage at the fort. The event taught us that we should keep our mother nature clean so that every living being can experience the beauty of the environment.



- **Kargil Vijay Diwas – 26th July, 2022**

On the grace occasion of 13th Kargil Vijay Diwas, we the volunteers of NSS Atharva B-57 Unit, as well as, the college students and all the faculty including Principal and Director of our College actively participated the live broadcast on Doordarshan of the interview conducted by Honorable Shri Sunil Rane Sir of two brave retired Army Officers namely Commando Madhusudhan Surve and Commando Pandurang Ambre who were the part of Kargil War. Through their interview, we got to learn about their journey and experiences. The interview made to recount the stories of the rare feat of courage, valour and sacrifice. Let's pay homage to the Kargil martyrs and our salute to all the war veterans. Our men fought against all odds and offered supreme sacrifices to uphold the honor, pride and integrity of the nation. The event ended by singing The National Anthem. All the volunteers actively participated and made the event a great success.



- **Ecobrick Making – 27th July, 2022**

NSS ATHARVA B-57 conducted an event on making Ecobricks. The main aim of the event was to make a maximum number of Ecobricks with the help of plastic bottles and soft plastic collected by the volunteers and send it for the process of recycling. To maintain a sustainable environment and keep such hazardous elements out of the landfill, it's important for each one of us to do our part towards a sustainable environment. Through this event, we practiced the 3 R's (Reduce, Reuse and Recycle). Also, we all learned the proper method of making an Ecobrick which was a step towards maintaining the sanity of our environment. All volunteers equally and actively participated in this event making it a great success.



- **Letters and Rakhis to Soldiers - 5th August 2022**

NSS Atharva B-57 organized a five-day letters for soldiers program on the occasion of Raksha Bandhan. The purpose of the event is to write letters and send rakhi to soldiers who are serving the nation. NSS Atharva volunteers gathered and wrote letters to the soldiers. The letter included personal feelings towards the soldiers, poems, and appropriation of their work. The soldiers who leave their homes so that we can live in peace at home are the real heroes of the nation. It is not an easy task, it requires a lot of courage and dedication.



- **Handmade Flag Making – 11th August, 2022**

NSS Atharva B-57 conducted a flag-making event in our college. The event was conducted to make handmade flags that were later distributed to the residents of our adopted village Dharivali for commemorating the 75th Independence Day and celebrating the movement "Har Ghar Tiranga". The idea behind "Har Ghar Tiranga" is to invoke the feeling of patriotism in the hearts of the people and to promote awareness about the Indian National Flag. The Government of India has taken this initiative to promote a stronger bonding between the citizens of India and the Tiranga and our event was a small step in support of our Indian government. All the volunteers contributed equally and the event was a success.



- **Flag Distribution at Adopted village – 12th August, 2022**

NSS Atharva B-57 organized an event of Flag distribution in the adopted village of Atharva (Dharavali) on the occasion of 75th Independence Day commemorating 75th Azadi ka Amrit Mahotsav. The motive of this event was to distribute maximum handmade flags to the villagers and explain to them the importance and dignity of our Indian flag. All Villagers understood the motive of this event and co-operated with us. They all were interactive and responsive at the same time. A few Villagers also thanked the Volunteers for doing such a great event. Also, Patriotic Slogans were called out throughout the distribution of flags to awaken patriotism. All Volunteers actively participated and the event was a great success.



- **Flag Awareness At Adopted village–12th August, 2022**

NSS Atharva (B-57) conducted the flag awareness event in the adopted village at Dharivali. In this event, we went door to door making villagers aware of the importance of our Tiranga. On the occasion of Independence Day and the Campaign started by Prime Minister Modi Ji (Har Ghar Tiranga), we went to every house spreading awareness of our National Flag. We explained them the meaning, importance and indication of the tri-colour. Villagers were good listeners. They were carefully listening to the information and also were actively communicating with us about our National Flag. We said slogans while going door to door so that they can raise their Patriotic Feelings. All the volunteers participated equally, making the event a great success.



- **Bike Rally – 14th August, 2022**

NSS Atharva B-57 organized a Bike rally on the auspicious occasion of the 75th Independence day. The theme of the event was “Har Ghar Tiranga”. The idea behind "Har Ghar Tiranga" is to invoke the feeling of patriotism in the hearts of the people and to promote awareness about the Indian National Flag. The Government of India has taken this initiative to promote a stronger bonding between the citizens of India and the Tiranga and our event was a small step in support of our Indian government. The route of the bike rally was from Atharva College Of Engineering to ICICI Bank (Charkop) ending at Atharva College Of Engineering. A huge number of students and college faculty took part in the bike rally. All the volunteers contributed equally and the event was a great success.



- **Flag Hoisting Ceremony in College Campus – 15th August, 2022**

NSS Atharva B-57 attended the Flag Hoisting Ceremony on the occasion of 75th Independence Day at its College Campus. The Vice President of our college, Director, Principal, Students, Teaching and Non-Teaching Staff were present at this Event. The Flag Hoisting ceremony started at 9:00 am with the mob of Police Officers performing their salute to the National Flag and unfurling it. As soon as the flag was hoisted, everyone sang the National Anthem. All the NSS volunteers managed and arranged the Crowd in proper line throughout the ceremony. Later, the Vice President of our college Mrs. Varsha Rane, Senior Inspector of Malvani Police Station Mr. Vitthal Balawade, and the Principal of Atharva College of Engineering Dr.S.P.Kallurkar gave a patriotic and motivational speech and also mentioned their Vision for India and our College. The Event was a great success. All volunteers contributed equally and actively.



- **Amrita Devi National College Pariyavaran Competition – 15th August, 2022**

The volunteers of NSS Atharva B-57 participated in Amrita Devi National College Paryavaran Competition which had 3 rounds in total. For this, we were asked to download the Eco Mitram App and register ourselves. In Round 1, the participants were asked a set of questions after which they were awarded certificates. In the second round, the volunteers were given an option to either write an essay or make a poster on the elements of Panchmahabhoot or make a short video on environmental protection. After completing the 2nd round, the participants moved forward to round 3 wherein they were asked to post geo-tagged pictures on their social media handles. The event was very interesting and unique. All the volunteers participated and completed the given tasks enthusiastically.



- **Flag Awareness at Borivali Railway Station – 16th August, 2022**

NSS Atharva B-57 organized an awareness program about the Flag Code of India. The event was held at Borivali Station premises. Volunteers went shop-to-shop and informed shopkeepers and passers-by about individual responsibility towards the Indian National Flag. The Indian National Flag represents the hopes and aspirations of the people of India. It is the symbol of our national pride. It has its respect and rules for hoisting and keeping it. The Flag Code of India brings together all laws, conventions, practices, and instructions for the display of the National Flag. It governs the display of the National Flag by Private, Public, and Government Institutions. The volunteers tried their best to convey these principles and laws to the common people in an easy-to-understand language. Posters and cards were created for easy understanding. The volunteers also demonstrated the correct way to fold the national flag. And also shared the right way to protect and keep it with respect and dignity. All the volunteers participated in the event with full energy and knowledge



- **Awareness on Flag Code of India – 17th August, 2022**

NSS ATHARVA B-57 conducted an event to create a video for Awareness on the Flag Code of India. The main motto of this event was to prevent and provide a place of honour for our national flag by creating awareness about it. In this event, all volunteers were provided with points about our flag and its awareness. The awareness was based on various topics such as how and where to keep our flag, how to fold our flag, which kind of flag should be displayed and more such topics were explained by the volunteers. Every volunteer took part actively and did well. The event concluded successfully and everyone participated equally.



- **Fun Activities with kids at Adopted village– 20th August, 2022**

NSS Atharva B-57 organized fun activities with children in the adopted village of Atharva (Dharivali). The idea behind this activity was to connect with the children and make them feel at home. The event started by dividing the children into two groups - handprinting and painting. The children were very excited and happy to make Indian flags from their handprints. The other group drew the Indian flag. Everyone did a great job on it. The activities were really creative and fun. Finally, a game of 'Langdi' was played to cheer the children up and get them out of their comfort zones. Volunteers and children actively participated and enjoyed each activity, making this event a great success.



- **Educational activities with kids at Adopted village - 20th August, 2022**

NSS Atharva (B-57) conducted an educational activities event with the kids of the adopted village at Dharivali. On the auspicious occasion of Independence Day, our volunteers took a step to educate the children about our nation, its culture and heritage. One of our volunteers briefed the kids about the importance of Independence Day. Different freedom fighters who sacrificed their lives to make our country free, explained the meaning of the three colors in our Tricolor Flag. This information session was continued with another volunteer taking a question and answer series to engage the kids and help them remember the information given to them.



- **NSS Orientation Program 2022-23 – 15th September, 2022**

NSS Atharva B-57 Unit conducted an Orientation Program for the Students of SE to introduce the NSS working and also a planning session was conducted for the newly recruited volunteers along with it. We told them about how events are conducted and what to do in the events. We gave detailed information about the working of NSS. We also gave the importance of NSS Tee and also told the rules and regulations after wearing the NSS Tee. Explained the Diary filling process. We also explained about the attendance. That if any event is on working days, the attendance would be considered of lectures and practicals of that day. At the end, Mr. Sameer Katakdounde introduced himself and also gave some brief information about the working process of NSS. Also told the different Teams working in NSS.



- **International Coastal Cleanup Day [INS Hamla] - 17th September 2022**

On the occasion of International Coastal Cleanup Day, NSS Atharva B-57 collaborated with My Green Society and INS Hamla to clean up the Coastal Beach of INS Hamla. The objectives of the International Coastal Cleanup is to engage people around the world to remove trash and debris from beaches, waterways and other water bodies, to identify the sources of the litter, to change behaviors that causes pollution and to raise awareness on the extent of the marine debris problem. A beach is a sensitive environment that supports numerous plants and animals. All of these benefits, of course, depend on our coasts being safe and healthy. That is why beach clean-up is essential because it improves the coastal and ocean ecosystem. The volunteers learned teamwork and discipline throughout the Event. All the volunteers participated actively and the event was a great success.



- **International Coastal Cleanup Day [Manori] - 17th September 2022**

On the occasion of International Coastal Cleanup Day, NSS Atharva B-57 collaborated with My Green Society and Indian Coast Guard to clean up Manori Beach. Shri. Sunil Rane Sir, Executive President, Atharva Group of Institutes addressed all the volunteers about the ongoing plastic issues. The goal of this beach cleanup was to raise awareness in the population about marine pollution and contribute to the reduction of garbage and plastic in the ocean. It was a great learning opportunity for all the volunteers as there's a significant difference between seeing pictures of plastic pollution online and witnessing it on an actual beach. It makes one think about the impact of the non-biodegradable stuff we are using and how it affects the environment. All the volunteers participated passionately and the event was a great success.



- **Seminar on Health & Nutrition – 23rd September, 2022**

NSS Atharva B-57 Unit organised a seminar on health and nutrition in collaboration with Umeed Foundation and D.S. Research Centre. The motive of this event was to raise awareness about the importance of health and nutrition for a better state of physical, mental, and social well-being. To educate regarding proper ways to diet, how to reduce cravings and avoiding junk foods and overcome the feelings of guilt due to binge eating. It makes one think about their daily eating habits and slowly and steadily make changes in order to lead a healthier and happier life. The session was an opportunity to learn and motivate the audience to take care of their bodies as it's the only place to live. The speaker did an excellent job and made it a very interactive session where all the volunteers participated enthusiastically, and the event was a great success.



- **Extempore Session – 24th September, 2022**

NSS Atharva B-57 Unit organized an Extempore Session for all the Junior members of the NSS Atharva unit. The event was not only new but made on-the-spot thinking super strong. It also made the volunteers ready to make decisions super quick, all the volunteers gave a try to this new concept and made their willpower super strong. Extempore can also kill weaknesses such as Stage fear, presenting different topics in front of people, one-to-one discussions, and many more things which can help in building up confidence for the future. The topics related to current issues and social problems like the Effects of Covid-19, Online education, Terrorism, etc. were given to the volunteers and everyone participated enthusiastically. The event was a great success.



- **Medical Survey & Disease Awareness at Dharivali – 30th September, 2022**

NSS Atharva B-57 Unit organised a medical survey and disease awareness at Dharivali village. The objective of this event was to conduct a medical survey and spread awareness about Tomato Flu. Volunteers took a survey of the village by asking questions like how many members are there in their house, how often their children get ill, whether all family members know their blood group and many more questions related to their family member's health. The volunteers then spread disease awareness about tomato flu, how it is caused, its symptoms, prevention and treatment, so that people are aware of the disease. The villagers cooperated with the volunteers. All the volunteers participated passionately, and as a result, the event was a great success.



- **University level De-Addiction rally – 1st October, 2022**

NSS Atharva B-57 unit, along with many other colleges affiliated with Mumbai University, participated in a large rally to raise awareness about drug addiction and health care. The rally was organized to create awareness on the growing menace of drug-addiction among youngsters. The rally began at Azaad Maidan and ended at the GateWay of India, which is approximately 3 kilometers away. The roar of students shouting anti-addiction slogans made the rally more noticeable. All of the volunteers performed a fantastic job and maintained their composure throughout the event. The event was a great success.



- **Artshala – School wall painting – 1st October, 2022**

NSS Atharva B-57 unit participated in Artshala (School Wall Painting Event) organized in collaboration with ConnectFor. The event started at 10 am when everybody was allotted a certain task which included painting or sketching. Mainly the purpose of the event was to make the classroom intriguing and exciting for the students who will be studying there. The event was a great success with the cooperation of the organizers who provided every material required for the task.



- **Gandhi Jayanti Celebration - 2nd October, 2022**

NSS Atharva B-57 unit celebrated the birth anniversary of the father of our nation Mahatma Gandhi. It was celebrated at Atharva college of engineering along with the NSS Atharva volunteers with great zeal, enthusiasm, and patriotism. The program began with a special tribute to Gandhiji by placing a garland on the photo of Mahatma Gandhi. After that, the volunteers gave speeches on the life and ideologies of Gandhiji's life which inspired everyone present at the occasion. Every volunteer actively participated in this event which made it successful.



- **Bhajan Sandhya – 2nd October, 2022**

NSS Atharva B-57 unit, along with many other colleges affiliated with Mumbai University, participated in the event Bhajan Sandhya on the occasion of Mahatma Gandhi Jayanti and International Day of Non-Violence Programme. Date: 02.10.2022 which was organized at Gate of India. The event started at 3.45 pm. All the honorable members of Mumbai University were present. Bhajan and songs were sung by students from Mumbai university. All of the volunteers performed a fantastic job and maintained their composure throughout the event. The event was a great success.



- **Plogging – 9th October, 2022**

NSS Atharva B-57 unit, conducted an event of Plogging at Aksa beach. The event began at 8:00 AM. Plogging is the act of collecting waste while jogging. Plogging helps to accomplish two tasks simultaneously. First, jogging is good for physical fitness; secondly, collecting trash from the shore contributes to beach cleaning. Plogging was a new concept for some. All the volunteers participated in the event with great enthusiasm. The event was a great success indeed.



- **Sports day – 9th October, 2022**

NSS Atharva B-57 unit conducted a Sports day event at Aksa beach. Sports like Running and Long jump were played energetically, and more than 40 volunteers participated in the sports event collectively. The winners were awarded with medals and applause. The event helped to understand the importance of physical fitness and outdoor games as well as to improve physical skills such as movement skills and strength. Overall the event was a great success.



- **Rangoli making competition on social issues – 24th October, 2022**

Rangoli is a traditional form of art that brightens up an occasion and is believed to be the harbinger of good luck. Keeping up with this thought, the talent and creativity of all the volunteers was well brought out in a "Rangoli making competition" organized on 31st October, 2022 by NSS Atharva B-57 Unit. The theme for the competition was social issues. All the volunteers made creative rangoli patterns on themes such as save water, save the girl child, Swachh Bharat campaign, save earth, etc. The main aim of the competition was to shed light on all the various social issues prevailing in the society. Also, it was a good chance for all the volunteers to bring out their creativity and aesthetic skills.



- **Film, Television & Theatre Acting Workshop– 15th November 2022**

Two selected Volunteers of NSS Atharva B-57 attended the University Level "Film, Television and Theatre Acting Workshop" organized by the NSS Cell - Mumbai University at Nagindas Khandwala College of Commerce, Arts & Management, Malad(W) on 15th November 2022. The workshop's honorary chief guest and founder of the Smita Patil Street Theatre in Mumbai, Mr. Lion Yusuf Qasmi, provided a brief explanation of the differences between how theatre, film, and television operate as well as the potential impact of a street play on the global stage. The speaker impart knowledge on several fundamental acting elements, such as improvising, observation, body language, imagination, and synchronization with your fellow cast members. Overall, this workshop session was educational, helpful, and beneficial.



- **Street Play Training Workshop – 16th November, 2022**

Two selected Volunteers of NSS Atharva B-57 Unit attended the University Level "Street Play Training Workshop" organized by the NSS Cell - Mumbai University at Nagindas Khandwala College Of Commerce, Arts & Management Malad (W) on 16th November 2022. The workshop's distinguished chief guest and instructor, Mr. Jagdish Sansare, an assistant professor and street play trainer, then provided us with an introduction to proper street play techniques. He also talked to us about some of his memorable and fascinating experiences, giving us advice on what to do and what to avoid concerning Street Play. Overall, the workshop training was filled with fun and was enlightening. The event was a great success.



- **Quiz competition on HIV AIDS – 16th November, 2022**

University of Mumbai NSS Cell in association with Mumbai Districts AIDS Control Society conducted a District Level Quiz Competition on HIV/AIDS on 16th November 2022 at Thakur College, Kandivali. NSS Volunteers from 25+ different Colleges have come for this Competition. The Quiz Competition was divided into Four Rounds. The First Round was an Elimination Round to select the Top 4 teams for further rounds. All the rounds consisted of a wide variety of Questions to check the awareness level of volunteers about HIV/AIDS, TB, essential articles, procedures, events, and days related to HIV/AIDS & TB. Overall the competition was focused on analyzing and awaring the NSS Volunteers with a wide knowledge of HIV/AIDS and TB. Volunteers were motivated to come up with Events that will spread awareness about HIV/AIDS among youth. Thus the Event was a great success.



- **Cultural Exchange Program (Nrutyavishkar) – 18th November, 2022**

Three volunteers from the NSS Atharva B-57 Unit attended Nrutyavishkar (the cultural program by Mauritius students as a part of the cultural exchange program between two nations) organized by the Mumbai University on 18th November 2022. The cultural program was held by the students of the Mauritius Marathi Cultural Centre Trust. The NSS volunteers from various colleges got to showcase their talents and skills before the event as the program was delayed. After this, the program started and the students of Mauritius gave a variety of dance performances to demonstrate the Maharashtrian culture, which is also practiced by the residents of Mauritius. They performed various cultural dance forms that originated from Maharashtra (Lavni, Koli dance, Gondhal, etc). The performances were truly a treat to our eyes



Success.

- **Quiz competition on HIV AIDS – 3rd December, 2022**

On 3rd December 2022, NSS Atharva B-57 participated in Thakur Shyamnarayan Degree college's inter-college quiz competition on the occasion of World HIV-AIDS Day. Volunteers from 15 different colleges participated in the competition. There were 1 male and 1 female volunteer from each college. Round 1 was an elimination round, where multiple choice questions were given to the volunteers to check their awareness and knowledge regarding HIV-AIDS, and 6 colleges were shortlisted for the final round. The final round included delivering a spontaneous speech on the assigned topic which should exceed 3 minutes and the topic assigned to us was Living with HIV, Diagnose for HIV, and Care of HIV. Indeed, the event was a great success.



- **Beach clean-up – 10th December, 2022**

NSS B-57 unit conducted a Beach Clean-up event at Manori beach in collaboration with "For Future India ". This event was a part of CLEANUP PREMIER LEAGUE (CPL). The event started at 8.00 AM. Many volunteers participated in this event. First, we were given instructions and introduction regarding the CPL. We collected a large amount of plastic. Everyone did a great job with great enthusiasm. Overall, this event was a great success



- **Seminar on waste Management – 15th December, 2022**

On 15th December 2022, two NSS Atharva B-57 volunteers attended the University Level Seminar on Waste Management. The event started with a National Anthem, NSS anthem, and song. The NSS cell district coordinator Mr. Nikhil Karkhanis gave guidance about the event and cheered all the NSS volunteers. Then the speaker of the event, President of Stree Mukti Sanghatana (SMM), Nari Shakti Puruskar holder by President "Mrs. Jyoti Mhapsekar ma'am ". The motivation given at the age of 72 was awesome and inspiring for the younger generation. Speaker "Mrs. Jyoti Mhapsekar ma'am " explained waste management with the help of a PowerPoint presentation. Ma'am explained how we can (reuse, reduce, and recycle) the (RRR) mantra for waste management. It was a great opportunity for the volunteers to attend the seminar.



- **Beach Clean-up (CPL Day 2)– 17th December, 2022**

NSS B - 57 unit conducted a Beach Clean-up event at Uttan beach as a part of Clean-up Premiere League (CPL) in collaboration with "For Future India". The event started at 8.00 AM with a basic introduction where instructions were given by a volunteer of "For Future India". We collected a large amount of trash from the beach to make it a nicer and safer place and help improve the coastal and marine ecosystem. Materials collected at these clean-ups range from a distressing number of plastic bags and plastic wrappers. The volunteers cleaned a large portion of the area allotted to them with great zeal and enthusiasm and created a greater impact towards the environment. Lastly, the Co - Founder of "For Future India", Mr. Dhruv Kadara described the journey of their NGO and their contributions in the last 4 years for cleaning the Uttan beach. The event was a great success and everyone left with a sense of satisfaction in their hearts.



- **Walkathon – 25th December, 2022**

NSS Atharva B-57 Unit participated in the Walkathon organized by Vivekananda Youth Connect Foundation under the initiative of Run for Vivekananda 7th Edition - Mumbai Sustainability Run as a part of Project Blue Mumbai. The walkathon event started at 7:30 am in the morning. The walkathon was 2 km long. The volunteers took part in the event with great energy and enthusiasm. Also, there were participants of different age groups from different organizations who took part in the event. Slogans were read aloud and some even carried posters along the walk. It was motivating to see the energy of participants regardless of their age. Refreshments were provided for the volunteers during the walk. It was a great experience and everyone participated wholeheartedly. Overall, the event was a great success.



- **Eco brick making– 28th December, 2022**

NSS Atharva B-57 organized an Eco bricks Making Event to tackle the issue of plastic pollution. The event started at 1 PM at Atharva College of Engineering. Volunteers have already been instructed to collect plastic bottles and plastic to fill them. A large amount of plastic and bottles were collected. Volunteers made Eco bricks by putting plastic in bottles. These Eco bricks can be used to build modules for sustainable structures. It will also help in reducing plastic waste. The volunteers enthusiastically produced a large number of Eco bricks. The event was a great success.



- **TATA Strive Defensive Driving Course – 31st December, 2022**

NSS Atharva B-57 unit participated in an online event named 'Tata strive'. It was an online course with 24 video lectures and a quiz at the end. This initiative's purpose was to inform people of road safety and the rules and regulations. The videos were educational and provided the necessary information regarding road safety. The course was an animated series that consisted of road accident victims sharing their stories as ghosts. It shared their mistakes and learnings, each story gave a set of rules to be followed while either walking or driving on road. The quiz at the end of each video consisted of questions related to that specific video and the rules to be followed mentioned in it. All the volunteers actively participated in this event and made it a great success.



- **TATA Strive Defensive Driving Course – 31st December , 2022**

NSS Atharva took part in an online Organ Donation Training Program organized by V4Organs Foundation. The motive of this event was to raise awareness about the importance of organ donation and encourage students to register as organ donors to dispel myths and misconceptions about organ donation and to educate students about the importance of organ donation and the impact it can have on saving lives. A presentation on organ donation was given with the help of various best modules that had information within it, in which they discussed the process of organ donation, the types of organs that can be donated, and the impact of organ donation on saving lives. Informational brochures, posters, and charts were also shown to raise awareness about organ donation



- **Department Level Orientation – 5th January, 2023**

NSS Atharva B-57 organized a "Department level Orientation" at smart classroom 1. In this orientation all NSS juniors volunteers were present. The agenda of the orientation is to provide brief information about the departments at NSS Atharva. Our leader Jeenal Dhuri started by giving a glimpse of various departments and the backend work of NSS Atharva. On behalf of the head of Event's team, Jeenal Dhuri explained about the events team. The documentation head Farhan Nek continued and explained about how the Documentation team works and the format of permission letters which includes event permissions and classrooms permission for unit meeting. Then, the head of Social Media team, Rutuja Shinde explained about social media handles of NSS Atharva. Further, the head of Accounts department Aryan Paraye explained the functioning of accounts department. On behalf of the head of Publicity team Adarsh Tripathi explained about Publicity team.



- **CPL Day 3 (Mangroves Cleanup at Manori) – 8th January 2023**

NSS Atharva B-57 participated in a Mangroves Cleanup Event in collaboration with For Future India at Manori Beach Khadi as a part of Cleanup Premier League. The Event started with the basic introduction and instructions regarding Mangroves and the purpose behind the clean-up. Volunteers collected a large amount of plastic waste and unwanted trash inside the Mangrove Area.



- **IGNEEL FEST– 21st January 2023**

On 21st Jan 2023, NSS Atharva B-57 participated in the District Level IGNEEL FEST organised by the NSS Unit of Bhavans H S College, Chowpatty. The event started with the inauguration session. There were various competitions like Debate competition, Face painting, Street Play, Quiz, PPT, Group Dance, etc. The events started with quiz and face painting competitions followed by debate, ppt, street play and group dance and ended with the prize distribution ceremony. All the competitions were equally good and various colleges participated in the fest. Street play and group dances were extremely good in this fest. Large number of volunteers participated in this competition. Also, it was a good chance for all the NSS volunteers to showcase their talent. Overall, the competition seemed to be a great success



- **FLAG HOISTING – 26th January 2023**

On occasion of the 74th Republic Day celebration, flag hoisting ceremony was held in the Atharva Educational Complex at 8.30 am and the event commenced in the presence of Institute officials, non-officials, students, and Malvani Police Squad. The police squad paid tribute towards the flag and then with mesmerising enthusiasm and spirit, our flag was held high in the sky with the chorus of the national anthem by everyone. After which the police squad was felicitated with a bouquet, and then Executive Vice President of our college Mrs. Pallavi Rane, Senior Inspector of Malvani Police Station and the Principal of Atharva College of Engineering Dr.S.P.Kallurkar addressed us about this auspicious day, social awareness and their vision towards future.



- **Street Play– 26th January, 2023**

NSS Atharva B-57 Unit actively took part in the Street Play on the auspicious occasion of 74th Republic Day themed on 'Sacrifice of A Freedom Fighter'. We characterized the real-life story of Freedom Fighter from his starting journey to be an army officer till his sacrifice to the mother nation. As said 'Unity Is Strength', not just the single volunteer but each & every volunteer who were part of the street play gave their best and the characters assigned to them were performed in a very realistic way that some of the audience members had tears in their eyes. After the street play, we as a unit were so content when we came to know that the message we wanted to convey through our act was successfully done.



26th January 2023

- **RD Parade– 26th January, 2023**

On the auspicious day of 74th Republic Day where every Indian rejoice with pride and enthusiastically singing Patriotic songs about our mother India, The NSS Unit of Atharva College of Engineering had one more reason to be proud of. Mr. Sahil Bhosale, an NSS volunteers and of this Institute, was selected in the grand republic day parade which is being conducted in the Kartavya Path, New Delhi . Sahil got the honour to march in front of our Tirangaa, the Prime Minister and many great personalities. However his struggle to reach those heights was of great grit and determination. He first cleared the National Pre Republic Day Parade State level selection which was held in Kolhapur in the month of October . Out of 40 Lakh NSS volunteers, he was selected which was a great feeling for everyone at Atharva Institute.



- **Mangroves Cleanup (CPL Day 4) – 29th January, 2023**

NSS Atharva B-57 Unit participated in a Mangroves Cleanup Event in collaboration with For Future India at Bhayander West Khadi as a part of Cleanup Premiere League. The Event started with the segregation of volunteers into different mangrove areas. We collected a large amount of plastic waste, clothed and unwanted trash inside the Mangrove Area. Our volunteers cleaned a large portion of the area with great enthusiasm and created a greater impact. In the end, the Founder Mr Harshad Dhage, the Co-Founder Dhruv Kadara of For Future India and the President of the Mangroves Foundation respectively described the journey of their NGO and their contribution in the last 3 years to protect the Mangrove Area. They also interacted with the volunteers asking about the learning from the CPL activities and an alternative of Ecobricks to manage plastic was discussed



- **CPR Training Session – 31st January, 2023**

NSS Atharva B-57 Unit took part in a CPR (Cardio Pulmonary Resuscitation) Training Workshop organized by Revive Heart Foundation. The speaker of the workshop was Ms.Sumaiya Raghavan who is the operational head of the Revive Heart Foundation (iCare), Holy Family Hospital, Bandra. The motive of this event was to spread awareness about basic knowledge of what to do when a person experiences a cardiac arrest and how we can save a life by just learning this basic technique. Ms.Sumaiya explained the difference between a heart attack and a cardiac arrest. Also, in 4 simple steps, she explained how life can be saved easily. All the volunteers were also introduced to AED (Automated External Defibrillator) machine, a demonstration was also shown to explain how to use it in case of an emergency.



- **CPL day-5 (Beach Cleanup) – 4th February, 2023**

NSS ATHARVA B-57 participated in a beach clean-up event in collaboration with For Future India as a part of the Cleanup Premiere League. The event started at 8:00 am with the instructions given about how and where to clean. We collected a large amount of plastic waste and glass items. The volunteers were provided with gloves for beach clean-up. Volunteers from other institutes, along with us, cleaned a large area of the beach. The NGO members also worked hand to hand with us on this clean-up program. After the successful end of this event as a vote of gratitude and learning, we, all the NSS volunteers, formed a semicircle and kept our reviews in front of the organisation members.



- **Activities at Adopted School – 10th February, 2023**

NSS Atharva B-57 Unit organized an event to conduct educational activities in an adopted school. This was the very first adopted school event. All the volunteers had planned activities like Pictionary, storytelling, quizzes, poetry recitation, etc. The volunteers in the morning batch conducted activities with students from 3rd and 5th grade while the volunteers in the afternoon batch conducted activities with students from 1st, 2nd, and 4th grade. All the students were very active throughout the event. They enthusiastically participated in all the activities. We got to learn about the strengths and weaknesses of the students



- **CPL day-6 (Beach Cleanup) – 11th February, 2023**

NSS Atharva B-57 Unit participated an event organised by "For Future India" also known as Cleanup Premier League. This was the 6th day of participation of NSS Atharva. Being able to showcase our unit strength and unity has been the thing we showcased from the first day, also we have been praised for our discipline, determination and hard work. This event was not the exception, everybody performed by putting their every effort possible, removing deep buried plastic bags, picking up rotten scraps and similar. The founder of "For Future India" has been explaining us the benefits of beach clean-up from start and it has been very informative, things we don't know about our city like there was a time when turtles used to lay eggs in these beaches has never known to me



- **Debate competition – 14th February 2023**

The NSS Atharva B-57 unit in collaboration with DLAC(Debate and Literary Arts Club) organized a 'Debate Competition '. This was oxford type debate competition. The NSS volunteers participated in a large number. The event's purpose was to boost confidence, remove Stage fear, and express our opinion and thoughts. In the debate, there were topics on environmental, and social issues, etc The competition was DLAC × NSS Atharva so there were two teams and each team have two participants. For one topic there was one team from the proposition and other from the opposition.



- **Activities at Adopted School – 17th January, 2023**

NSS Atharva B-57 Unit organized an event to conduct educational activities in an adopted BMC school at Charkop village. This was the second adopted school event. The volunteers had planned activities like Pictionary body parts learning, general knowledge-based questions, riddles, mathematical sums, etc. The volunteers in the morning batch conducted activities with students from 3rd and 5th grade while the volunteers in the afternoon batch conducted activities with students from 1st, 2nd, and 4th grade. All the students actively participated in all the activities that were conducted. Chocolates were distributed to the students.



- **Seminar on Surgical Strike – 18th February, 2023**

NSS Atharva B-57 Unit attended a seminar on surgical strike organized by the 'Brahmin Seva Sangh' at Prabhodhan Thackeray Natyamandir. The seminar was honored by the presence of retired lieutenant general Mr. Rajendra Nimborkar. The seminar began with a small bhakti geet followed by the prize distribution ceremony for all students who cleared their 10th and 12th class board exams with good percentages. After this, Rajendra Nimborkar Sir came up on the stage and shared various experiences about his early army life. He completed his primary education from Satara Sainik School and later went to NDA. He served in the Indian army for 45 years. He was a part of the 15 Punjab Regiment and killed 22 terrorists as a general. The main sight of attraction was that Sir Rajendra Nimborkar was the 'Pramukh' in the Surgical Strike. He also said that about 82 terrorists were killed in the surgical strike with a loss of zero Indian soldiers.



- **Marathon – 19th February, 2023**

The NSS Atharva B-57 unit girls participated in the marathon which was only for girls. 'Invincible women' was their tagline. There were three sections: 3k, 5k, and 10k. It was very much fun and a first-time experience for most of the participants. We learned that women are always unbeatable. We all got inspired by the women who completed the run even at the age of 85. It was super motivating for all of us. All the girls enthusiastically and bravely completed the run. The day started with the Zumba dance which was super energetic. The chief guest was Milind Soman who was an inspiration there for all the women. In the end, the winner and participants were distributed medals and refreshments. Hence the event was a great success.



- **Tree Restoration Drive – 19th February, 2023**

NSS Atharva B-57 Unit had organised a tree restoration drive in Mumbai in collaboration with Connectfor. For all of us, this was a new event. Even then, the volunteers understood everything about trees. We were given information about how to recognise whether a tree is dead or not. Information on how to give fertilizers to trees was also given like we should not put fertilizers on leaves as the leaves will burn and fertilizers should be applied in the roots of a tree.



- **Youth Fest – 22nd February, 2023**

NSS Atharva attended a youth fest organised by Akashra centre. Akashra Centre is a women's rights organization committed to build a gender-equal, and gender-just society. The fest started with dance and inauguration, later the volunteers were given with colourful bands (blue, yellow) etc and a book with different helpline numbers for domestic violence and other offences. Each band colour had different workshop topics on different floors of college. They organised various workshops which had interesting topics. Some of the topics were - For yellow band(My Life, My Vibe), For blue band(Stereotypes Of Media) etc. The workshop was interactive, the volunteers curiously asked questions related to the workshop. The fest ended with a live band performance. Overall event was a great success.



- **Educational activities at adopted school III – 24th February, 2023**

NSS Atharva B-57 Unit organized an event to conduct educational activities in an adopted BMC school at Ganesh Nagar. This was the third adopted school event. The volunteers planned some activities like word games, general knowledge-based questions, riddles, mathematical sums, story-telling, etc. The volunteers were divided into groups, and each group was allotted classes from 1st to 5th grade. In each group, senior leaders were also present. All the students actively participated in all the activities that were conducted. Finally, chocolates were distributed to the students.



- **CPL Day 7 (Beach Cleanup at Gorai Beach) – 25th February, 2023**

NSS Atharva B-57 participated in the Beach Cleanup Event in collaboration with For Future India at Gorai Beach as a part of the Cleanup Premier League. The Event started with the segregation of volunteers into different areas. We collected a large amount of plastic waste and wet waste. The plastic waste was stuck below the sand in layers. The volunteers dug the sand area and collected a large amount of plastic waste and trash stuck inside. Our volunteers cleaned a large portion of the area with great enthusiasm and created a greater impact. In the end, the Founder Mr Harshad Dhage, and the Co-Founder Dhruv Kadara of For Future India interacted with the volunteers discussing the benefits of beach clean-up for the environment and its importance



- **Art of Living – 25th February, 2023**

At Vishnu Hanuman Ground, NSS-Atharva B57 attended the event of Sri Sri Ravi Shankar. There were various colleges from different Mumbai City and Mumbai Suburban who were present for this event. 1000 NSS volunteers and more than 10000 people were present for this huge event of Sri Sri Ravi Shankar. There were many devotional songs sung by various singers. There was a meditation session for 20 mins by Sri Sri Ravi Shankar and he answered a few questions which were asked by the people. He had Ram walk around the people.



- **Marathi Bhasha Divas– 27th February, 2023**

NSS Atharva B-57 unit participated in Marathi divas organized by Atharva film and television. Marathi Bhasha Divas or Marathi Language Day is celebrated annually on February 27 to honor the birth anniversary of famous Marathi poet Vishnu Vaman Shirwadkar, who was popularly known as 'Kusumagraj'. We performed 3 Marathi songs namely - ' मंगळकरी मंगळकरी', ' मंगळ मंगळ मंगळकरी', ' मंगळ मंगळ मंगळकरी मंगळकरी'. We practiced all the songs thoroughly and also enjoyed the practicing sessions. The other non-NSS participants played various types of games with the audience. Also performed Lavni.



- **CPL Day 8 - 5th March, 2023**

NSS Atharva B-57 unit participated in the Mangroves Clean-up Event in collaboration with For Future India at Manori Khadi as a part of the Clean-up Premier League. This was the last CPL where non-NSS volunteers also participated in this event. We collected a large amount of plastic waste and unwanted waste. We were properly guided by For Future India's team. From our college, a total of 160 volunteers participated, including non- NSS volunteers. At the end of the event, the Founder of For Future India inspired all the volunteers and motivated them to work for the betterment of the environment.



- **Holi at Advitya - 6th March, 2023**

The NSS Atharva B-57 Unit participated in an event with Advitya, an organization for God's special children, on the occasion of Holi. It was a great pleasure to attend this event. We began with an introduction session where we got to know them and why we were gathered there. We worked together and were impressed by their intelligence and communication skills. We organized activities for them, such as singing and passing the parcel, which they enjoyed. This event taught us that people with special needs possess remarkable gifts and talents that many of us may never know. It takes patience, understanding, and love to care for them in the best possible way.

